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ISSUE TWENTY-FIVE // JULY 2022



OU REASTEND



Ramla's wall is a knock out!

Local boxer is celebrated – see page 7






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OUR EAST END

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

A message from the Mayor of Tower Hamlets

I'm honoured to be your Mayor once again and I will work tirelessly to build a better Tower Hamlets for us all.

We've already started work on our ambitious programme for the borough which will support our residents through hard times and improve the opportunities our young people have to ensure they have a better future.

I recently approved a new £2.7m package to help those most impacted by the cost of living crisis and more support is still to come. I've also asked for a review of our Liveable Streets schemes, and we will be seeking people's views on those before taking the next steps on a case-by-case basis.

I am ambitious for our great borough and see a better future ahead for all of us in Tower Hamlets, but there is work we must do.

Tackle the cost of living crisis

People are being hit hard by the cost of living crisis and I want to ensure that no child will go hungry and no pensioner will go cold. As well as the relief package we announced this month, we are also working on freezing council tax, supporting young people to stay in education, protecting and seeking to extend the free school meals programme, while also working on a Homelessness Fund to prevent evictions and protect tenants.

Homes for the future

Too many people are also living in homes which don't meet their needs and many are struggling with unresponsive landlords. I want to see more social housing being built with a focus on 3-4 bedroom properties and we will work with housing organisations and social and private landlords to drive up the standards of housing. We will also consult residents on bringing Tower Hamlets Homes back in-house, while also supporting leaseholders affected by cladding issues.

Accelerate education

Education is very close to my heart and will be a priority for the council. We will start work on a programme to boost attainment in order to maximise GCSE performance and support our sixth forms to get more people into the top universities, including Oxbridge and the Russell Group of universities, and we will work to have youth centres which can support young people with homework space, careers advice, gang prevention work, develop life skills and offer leisure activities.

Culture, business, jobs and leisure

We will also be supporting businesses who are the lifeblood of our local community, providing jobs and services for our residents. We will work closely with the East End Trades Guild and work to protect businesses in Brick Lane, particularly those affected by the Truman Brewery development, while also supporting traders at our market. We will continue to celebrate our arts and culture and attract new businesses and visitors here, which will help create more jobs for local people.

Invest in public services

We will invest in our services and focus on driving down missed bin collections, work to keep Idea Stores and libraries open and ensure that vulnerable people in our communities have the support they need to live independently for longer.

Empower communities and fight crime

We will work to bring communities together to promote better understanding, uphold and protect equality and diversity and work to reduce anti-social behaviour, violent crime and hate crime in the borough. I will also work with the police to put more uniformed officers on the streets, identify and address crime hotspots, tackle drug-related crime and work to end violence against women and girls.



A clean and green future

Climate change will also be addressed by increasing the number of charging points for electric vehicles in the borough, installing green energy systems on our estates and by expanding tree planting schemes in the borough. We will work with the Mayor of London to improve air quality while avoiding penalising those in our borough who drive. We will wage war on flytippers and work to improve waste and recycling services which will remain in-house.

A council that listens to you

Finally, this will be a council that listens to you. A council which will hear your concerns and involve and consult you along the way, as we move forward to build a better Tower Hamlets for everyone. I look forward to working with our whole community to make Tower Hamlets a place we can all be proud of. In the meantime, I hope to see as many of you as possible at our programme of free events over the school holidays.

Lutfur Rahman
Mayor of Tower Hamlets

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The election counts took place at East Wintergarden over the two days following polling day on 5 May

Lutfur Rahman elected Mayor

COUNCIL NEWS

Lutfur Rahman was elected as the new Executive Mayor of Tower Hamlets following the local elections that took place on Thursday 5 May. The mayoral election result was declared at the count which took place on Friday 6 May at East Wintergarden in Canary Wharf.

Lutfur Rahman of the Aspire Party received a total of 40,804 votes, followed by John Biggs of the Labour Party who received 33,487 votes.

The turnout for the Mayoral

election was 41.92 per cent and Mayor Rahman's term of office will run for the next four years.

Will Tuckley, Returning Officer for Tower Hamlets and the council's chief executive, said:

"I'd like to congratulate Lutfur Rahman on his election victory and I look forward to helping him deliver on his priorities as Mayor for the people of Tower Hamlets.

"Congratulations also go to our forty-five councillors on their election victories and I thank all candidates who stood in these elections for playing their part in the

democratic process.

"Organising elections involves a lot of hard work and preparation by council officers, led by our Elections Team, and colleagues from partner organisations such as the Metropolitan Police and the

Electoral Commission.

"I would like to thank everyone who has been involved for working so diligently from the early planning stages, through to polling day and the counts."

“ I would like to thank everyone who has been involved for working so diligently from the early planning stages, through to polling day and the counts. ”

Aspire Party becomes majority group on council with 24 seats

The Aspire Party have won a majority of the 45 council seats across 20 wards that were contested in the May local elections, as voters took to the polls to choose who will represent them for the next four years.

Ballots cast by voters in the council elections were counted on Saturday 7 May at the East Wintergarden in Canary Wharf, resulting in the

Aspire Party winning 24 seats and the Labour Party winning 19 seats. The Conservative Party and the Green Party both won one seat each.

The borough ward count and declarations took place the day after the Mayoral count and you can see the full set of results for both elections at www.towerhamlets.gov.uk/elections



The Mayor and councillors will serve for the next four years



Speaker of Tower Hamlets, Cllr Shafi Ahmed receives his chains of office from the Attendant to the Speaker

New Speaker and Cabinet confirmed at Council's Annual General Meeting

The borough's new Speaker and Deputy and Cabinet members were confirmed following the Council's Annual General Meeting, which took place at the Town Hall on Wednesday 25 May 2022.

In the first full Council meeting since the election, Cllr Shafi Ahmed, who represents the Whitechapel ward, was elected as the borough's new Speaker.

He said: "I'm so proud to have

“

We live in an amazing borough and I look forward to being able to shine a light on what makes Tower Hamlets such a great place to live.

been elected to serve as the borough's first citizen and look forward to meeting people and organisations across Tower Hamlets in the year ahead. Despite the tough times that many of our residents are facing, we have to remember that we live in an amazing borough, and I look forward to being able to shine a light on what makes Tower Hamlets such a great place to live."

Cllr Ahmed also spoke at the meeting of his desire to support young people with autism and has since announced the Tower Project as his official charity.

Cllr Harun Miah, who represents the Shadwell ward, was elected as Deputy Speaker for the year ahead.

Mayor of Tower Hamlets, Lutfur Rahman also formally announced the names of the nine councillors who will serve in his Cabinet, including the new Deputy Mayor, Cllr Maium Talukdar, and the areas that they will be leading on.

Mayor Lutfur Rahman said: "I'm delighted to confirm my new Cabinet and Deputy Mayor and look forward to working alongside my executive team to deliver on the pledges we have made to the people

of the borough. I would also like to congratulate our new Speaker and Deputy Speaker on their election and I know that they will do a great job in representing Tower Hamlets

across the borough, and the wider world."

You can see a full list of all the recently elected councillors and contact details on pages 20 and 21.

The new Cabinet portfolios and lead members are:

- **Cllr Maium Talukdar**
Deputy Mayor and Cabinet Member for Education and Lifelong Learning
- **Cllr Saied Ahmed**
Resources and the Cost of Living
- **Cllr Kabir Ahmed**
Regeneration, Inclusive Development and Housebuilding
- **Cllr Ohid Ahmed**
Safer Communities
- **Cllr Kabir Hussain**
Environment and the Climate Emergency
- **Cllr Gulam Kibria Choudhury**
Health, Wellbeing and Social Care
- **Cllr Abu Talha Chowdhury**
Jobs, Skills and Growth
- **Cllr Suluk Ahmed**
Equalities and Social Inclusion
- **Cllr Iqbal Hossain**

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Inspirational: Ramla Ali, pictured right, with (L-R) Kinsi Abdulleh of Numbi Arts and two young artists that co-produced the mural, Fariha and Opal

New mural celebrates local boxing hero Ramla Ali

COMMUNITY NEWS

A new mural of a local boxing hero who came to Tower Hamlets as a refugee in the 1990's has been unveiled in Bethnal Green.

The mural, on the corner of Bethnal Green Road and Barnet Grove, depicts international boxer Ramla Ali, who grew up in the borough having left Somalia with her family as a toddler, fleeing civil war.

Carrying messages of 'courage' and 'hope' to inspire future generations, the mural was co-created through a series of workshops with young people arranged by arts organisations Numbi Arts and Rich Mix, which explored local history and contemporary street art, and was paid for through the Welcome Back Fund.

"Bethnal Green and Tower Hamlets is the only other home I've known, aside from my country and place of birth Mogadishu, Somalia," said Ramla, who unveiled the mural on 1 July – Somali Independence Day.

"I spent my childhood walking these streets. This area is filled with so many beautiful memories and struggles of mine but with all its difficulties and hardships. I do believe that at the core of this borough is a place so many races, religions and creeds have called home, which is all anyone truly wants.

"To have spent my life working hard in the shadows and now be selected and painted across a building as a representation to other young women who look like me and sound like me that through perseverance and determination anything is

possible will be remembered as a huge accomplishment of mine."

Maziar Bahari, Founder of Paint the Change which works closely with Numbi Arts, said: "There aren't many, if any, such large-scale murals of Somali women in the UK so it's great to see this one come alive. Public artwork made by the community can help alter the perceptions of local people and their environment."

Judith Kilvington, Rich Mix CEO, said: "What is most significant is the young people's voices that have shaped this piece and the events surrounding it. They, like Ramla Ali, inspire us all."

Cllr Iqbal Hossain, Cabinet Member for Culture and Recreation, said: "I have no doubt that this striking piece featuring Ramla Ali, a local hero, will encourage people to visit this exciting part of our

borough.

I'd like to say a huge thank you to all our partners and to Fariha and Opal, who worked hard to create this mural."

“

I do believe that at the core of this borough is a place so many races, religions and creeds have called home, which is all anyone truly wants.

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New £2.7m cost of living relief package agreed at Cabinet

COUNCIL NEWS

Thousands of Tower Hamlets families most impacted by the cost of living crisis will receive one-off grants of £100 from the council, after a new relief package was agreed by the borough's Mayor.

Under the package approved by the Mayor at a recent cabinet meeting (July, 11), households who are eligible for free school meals will receive a £100 per child payment, while a £100 per child payment will also be made available to other households deemed at risk of poverty.

A total of 17,500 grant payments of £100 are set to be paid under the plan, costing the council £1.75m, with some households will be eligible for multiple grant payments.

The package agreed at cabinet also includes help for more than 7,000 residents on pension credit and help for more than 2,000 households with younger children not in primary school who receive Healthy Start Vouchers.

9,410 grant payments of £100 will be made to these groups, which will be funded through the council's allocation of the Household Support Fund, bringing the total value of the relief package to £2.7m.

Eligible households will be contacted by the council or through their children's school.

The new relief package is the latest offering from the council to help residents deal with spiralling living costs, with the council already offering a council tax reduction scheme, the Resident Support Scheme, universal free school meals for children up to 11, school uniform grants, holiday activities for children in low-income families, support of local food pantries and funding of local advice services and a tackling poverty outreach team.

Lutfur Rahman, Mayor of Tower Hamlets, said:

"The cost of living crisis is already having a terrible effect on many people in Tower Hamlets, and the situation is going to get worse.

"While this should be a matter for

government to solve, we cannot wait any longer. People should know they have a Mayor and a council on their side and that is why we are putting in extra funding for those who are most impacted.

"This package is on top of other help the council already offers for those struggling financially. They include reductions in council tax, our Resident Support Scheme, free primary school meals, school uniform grants and hundreds of free activities and food for young people as part of our Summer Events programme.

"We will continue to find new ways to support our residents through this crisis."

Cllr Saied Ahmed, Cabinet Member for Resources and the Cost of Living, said:

"People on lower incomes and families are being hit the hardest by the cost of living crisis and while it's been recognised by the government with some support offered, it isn't enough.

"Doing nothing is simply not

an option, so we're offering this additional support which will help to reduce the impact of the crisis and the increasing pressure being put on stretched household finances.

"We know there is more that needs to be done and we will continue to do all we can to support our residents through this challenging time."

“

Doing nothing is simply not an option, so we're offering this additional support which will help to reduce the impact of the crisis.

Olympic Park gears up for London 2012 celebrations

Circus acts, street theatre, a main music stage, an acoustic area jam-packed with up-and-coming local singers, musicians and poets will be just some of the attractions at an event to mark ten years since the London 2012 Olympic and Paralympic Games.

Organisers of the 'Great Get Together' event, which will be held on Saturday 23 July, will also be putting on the smaller 'Celebrating 10 Years' festival which will run from Sunday 24 July through to Monday 8 August, and feature a mix of stage and screen entertainment including live music, movies, mass karaoke, fitness workshops, table tennis, and a chance to reminisce over Team GB's success at London 2012.

For more information on the celebrations and competition, visit <https://10yearson.queenelizabetholympicpark.co.uk>

Jubilee fun and locals honoured

There were street parties, bunting, parades, exhibitions, bake-offs, entertainment, beacon lighting and more across the borough last month, as people of all ages and backgrounds came together to celebrate the Queen's Platinum Jubilee.



Jubilee.

Messages of congratulations also poured in for three local community figures who were honoured over the Jubilee bank holiday weekend in the Queen's Birthday's Honours list.

Afia Choudhury, a Tower Hamlets

foster carer, was awarded an OBE. Safia Jama, Chief Executive Officer of the Women's Inclusive Team was honoured with an MBE, and Nazrul Islam, a local resident and volunteer received a British Empire Medal.



Jubilation: Communities came out to celebrate the Queen's Platinum Jubilee

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Milestone: The Aberfeldy Estate regeneration began ten years ago

Community celebrates regeneration

HOUSING

More than 700 residents came together to celebrate the 10-year anniversary of the redevelopment of the Aberfeldy Estate at a community event, held last month.

Mayor of Tower Hamlets, Lutfur Rahman, met residents at the event and heard more from Poplar HARCA and EcoWorld London,

who are leading the regeneration, about what else is to come.

By the end of this year the programme aims to have delivered more than 900 new homes; 165 social rent, 17 shared ownership, 561 private sale and 158 private rent – as well as new green spaces, health and community facilities. A total of 1,000 new homes are planned.

Mayor Rahman said: “We started this journey on the Aberfeldy a

decade ago and it is brilliant to see everything that has taken shape over the past 10 years.”

“It’s not only much-needed new homes to address the housing crisis, but also improvements to community spaces and facilities which help make Tower Hamlets a better place to live for everyone.”

The Mayor and Cllr Kabir Ahmed, Cabinet Member for Regeneration, Inclusive Development and

Housebuilding, also welcomed families into 17 new affordable homes for rent in the village.

This milestone marks the completion of a total of 39 new homes for affordable rent in the village, so far this year.

For more information on housing, visit www.towerhamlets.gov.uk/housing

Shared ownership helps Joe stay in the area he loves

Tower Hamlets residents get priority on Poplar HARCA’s new shared ownership homes, allowing local people, such as Joe Wong, to get on the ladder in an area he has already called home for nearly 20 years.

“Before moving to my new shared ownership home, I was renting, living in a bed sit with three other people,” Joe says. “Finding a dog friendly place to rent was a challenge when I decided to move. But the rent was cheap, so I stayed living in the bedsit for longer than I planned, so I could save up towards a deposit. I was looking for a new place to buy for around a year.

Joe recently bought a new shared

ownership apartment at Tandem, Devons Road in Bow.

“The London market is impossible for normal people. I was really struggling to find something. I’ve found shared ownership is a great way to expand the range of affordability and find good quality housing.

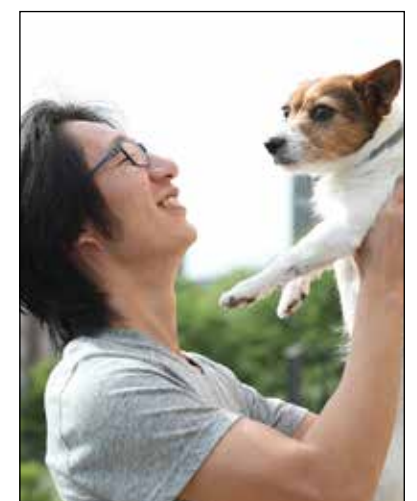
“Buying my new shared ownership home was really straight forward and everyone was very helpful. For that I was really grateful for one less thing to worry about, as house buying is very stressful.

“I love the amount of light in my new home. It has the floor to ceiling windows, the bathroom has a

window which a lot of flats don’t and it’s such a joy.

I love that my new home is in an area that’s dog friendly too. My dogs are so important to me – they do wonders for my health and mental wellbeing. And I love that my new home is close to central London, Canary Wharf, and there’s Victoria Park and the Olympic Park as well.”

Tower Hamlets Council operates an Intermediate Housing Register for people on low to average household incomes. Find out more and apply at www.towerhamlets.gov.uk/intermediatehousingregister



Joe and his dog share a cuddle on the balcony of their new home

Think twice before you buy pest control chemicals online

If you have a pest problem at home, don't try to fix it yourself, get help from professionals. That's the advice from Tower Hamlets resident Sarah Farringdon* who is still suffering headaches, nausea and other symptoms, six months after using an insecticide to treat bedbugs, which she bought on eBay from Spain.

Sarah, 33, has spent all her life savings trying to clean up toxic fumes from her home after the insecticide turned out to be fake.

Tests by a chemical clean-up company revealed the actual product to be Methyl Isocyanate, a highly toxic and irritating material, which is extremely hazardous to human health. It is the same chemical that killed thousands of people in the Bhopal disaster.

To make matters worse, a translation error on the label said to dilute the chemical with 25ml of water, when it should have said 5 litres, meaning she used a much stronger and more toxic dose.

Sarah said: "I sprayed it and then went to bed. I was awake and on my phone, thank God for that otherwise I would have died. My eye started itching badly. I thought my contact lens had split when I had taken it out. I called 111 and they said to go to hospital. While I was on the phone my other eye and all the skin around my eyes started itching.

"The air in my room had become toxic. It was then I realised this must have been connected to the insecticide and I started panicking."

"I was so scared and stressed about it spreading into other rooms in the house and effecting my family.

"I worked with a chemical clean-up company, who found the actual chemical product. It's called Methyl Isocyanate. They cleaned my room many times, they even told me to throw my furniture away, ripped my floorboards out. Nothing helped. There were still traces of the product remaining in the air, which was affecting me. I only sprayed it in my room. I suffered from dizziness,

severe headaches, heart palpitations, very itchy eyes, muscle pain and a few other symptoms.

"In the end the company decided to do an air treatment called a bio sweep, which sanitised the air. It gets rid of mould, odour, dust, chemicals and is typically used following fires. However, this didn't help me as it replaced one chemical with another. This new chemical has gone into the air in the whole house, the furniture, the walls, our clothes and it's affecting me.

"I breathed in so much toxic air that even the tiniest trace of a chemical gives me a reaction. This whole experience has badly affected my physical and mental health.

"If I had a message for anyone considering buying pest control chemicals online it would be to avoid doing it yourself at all costs. It is not safe. Leave it to the professionals who are the right people to sort it out."

*Not her real name

Tower Hamlets Council offers a professional and affordable pest treatment service.

Most residents will be charged for our services, but for tenants of some social landlords our service will be provided at no direct cost to you for public health pests.

The team also works with businesses and other organisations in the borough.

Find out more at www.towerhamlets.council.gov.uk/pestcontrol

Environmental Health and Trading Standards

Do you have a pest problem at home?

Think twice before you buy online. Some chemicals might be fake, illegal, and toxic.

Don't put your health in danger.

Tower Hamlets Council offers a Pest Control service that is affordable and – for some residents – free. Book now at www.towerhamletscouncil.gov.uk/pestcontrol



Summer of fun starts here

YOUNG PEOPLE AND FAMILIES

A jam-packed programme of more than 600 fun activities is set to get underway later this month, as schools break-up for summer.

The 'Summer of Fun' programme, organised in partnership with the council and local community organisations, helps to support families looking to keep children active and entertained during the summer break and encourages people to make the most of the borough's outdoor spaces.

From adventure activities, arts and crafts, cooking and baking, gardening sessions and nature activities to sports sessions, theatre and drama, skills training and more, there's something on offer for families of all ages and backgrounds.

Council parks teams are working with Mudchute City Farm, Spitalfields City Farm, Tower Hamlets Cemetery Park and SPLASH arts to offer more than 180 activities throughout the school holidays.

The council also continues to open new leisure and play facilities as part of its ongoing £10 million parks capital programme. A new playground at Ravenscroft Park in Bethnal Green is one of the newest facilities to benefit from the investment.

With inclusive play equipment enabling children of all abilities to play together, the newly renovated Ravenscroft playground, inspired by the nearby Columbia Road Market, has flower and plant themed equipment and floor markings.

In August, those between the ages of 12 and 25 can unleash their creative digital skills on a free, four-week training course hosted by the council and Community Music Sounds. Visit www.cmsounds.com for further details and to sign up.

Lutfur Rahman, Mayor of Tower Hamlets, said:

"With more than 600 free events on offer during the school summer holidays benefitting more than 14,500 recipients, this year's summer of fun programme promises to give local young people and families a chance to relax, take part in sport or a physical activity or enjoy a new cultural experience.

"Many of the activities offer a free meal to all participants, supporting families who may be experiencing hardship, especially during the long school break and when the cost-of-living crisis is impacting families."

Visit www.towerhamlets.gov.uk/Summerevents for the complete summer of fun 2022 programme.



The council is investing £10m in parks and open spaces including this new playground at Ravenscroft Park



Livia, 5, enjoying a swing ride at the new Ravenscroft Playground



The new mural at St Andrew's Wharf Youth Hub was designed by young people

Mural expresses hope, belonging and a desire for change

A new mural designed by young people has been unveiled at St Andrew's Wharf Youth Hub.

It was created as part of a series of community projects focussing on building a legacy of community safety.

Young people took part in

workshops to explore themes for the new artwork. They expressed their emotions through drawing, colours and words that mean a lot to them to illustrate how they would like to see their community change.

Hope, belonging and a desire for change emerged as three key themes

for the mural to represent.

Artist collective Paint the Change transformed the drawings, ideas and phrases into a final mural design. Young people helped the artist, Matt Dufour, paint the design so they could learn new skills and take full ownership of transforming the wall

and their community.

The mural was launched at a community event in June. Local police took questions from young people and residents at a community roundtable hosted by The People Speak before the artwork was unveiled.

All Points East returns this August

COUNCIL NEWS

An internationally renowned music festival which is considered one of the best in Europe is set to return to Victoria Park this August.

Thousands of revellers will be expected at each of the days at this year's All Points East festival, which has again been listed as one of the top 25 festivals in Europe by the music website Festicket.

Gorillaz, The Chemical Brothers, Kraftwerk, Tame Impala, The National, Disclosure and Nick Cave and The Bad Seeds will be some of the acts to play the famous park, which boasts a long and impressive history of hosting major concerts and events going back to the 1970's.

As part of the contract with Tower Hamlets Council to use Victoria Park for All Points East, the event organisers have to ensure that the local community benefits from hosting it, such as supporting culture, businesses and employment in the borough, while working with residents to reduce any negative impacts from the festival.

Around the All Points East festival dates, four days of family-friendly activities will also be held in the park as In the Neighbourhood returns – a free-entry event for the whole family, with outdoor cinema, live music, circus, theatre, arts, eco initiatives, sports and wellbeing, children's



Eloise was one of the many performers who took to the All Points East stage in 2021

educational activities, street food, pop-up bars and lots more.

Activities at In the Neighbourhood will be hosted by local organisations based throughout Tower Hamlets. There will also be a focus on activities for school-age children featuring national sports organisations including cricket, tennis and football.

All Points East takes place on 19-20 August and 25-28 August 2022 and In the Neighbourhood takes place in between, on 21-24 August 2022.

For more information visit www.allpointseastfestival.com

Win VIP All Points East tickets!

To enter, go to www.towerhamlets.gov.uk/winAPETickets to answer this question.

How many visitors are there to Victoria Park each year?

- 1 million
- 5 million
- 9 million

The competition closes at 1pm on Thursday 28 July and winners will be drawn at random and notified. Terms and conditions apply.



All Points East will return in August



Thousands of revellers will be expected at each of the days

BACK INTO THE SWIM OF THINGS

YORK HALL LEISURE CENTRE

The swimming pools at York Hall Leisure Centre are reopening this Summer.

After a major refurbishment, soon you will be able to enjoy a number of swimming activities from fun family swims, casual swimming, lane swimming and the return of Better Swim School, where children and adults of all ages can learn to swim!

Discover more by visiting better.org.uk/yorkhall



BETTER

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FREE



TOWER HAMLETS



SUMMER

OF FUN 2022

Get creative, get active



Don't miss out on our great range of **FREE** (or low cost) activities this summer in parks, open spaces and venues across the borough. Join in with your whole family to enjoy nature, get artsy, have fun and get moving outdoors together.

For a full list of activities and events visit
www.towerhamlets.gov.uk/summerevents



New opportunities: The Canary Wharf jobs fair was packed with employers and job seekers

Over 400 attend hospitality jobs fair

JOBS AND ECONOMY

A hospitality, food, and beverage jobs fair, hosted by Tower Hamlets Council, Canary Wharf Group and New City College, has provided 408 residents with hundreds of career opportunities.

The fair, which was the second of its kind held in the borough, invited residents to meet and speak to 50

“We want to support people in their journey to find work, especially in light of the current cost of living crisis.”

local employers.

Attendees had the chance to explore live vacancies, apprenticeships and training opportunities, along with free courses to improve their skills.

Cllr Abu Talha Chowdhury, Cabinet Member for Jobs, Skills and Growth was at the event in East Wintergarden, Canary Wharf, to meet employers and job seekers.

He said: “I’m pleased to see so many local people engaging with the fast-expanding businesses that attended the fair. There are lots of great jobs available in Tower Hamlets, especially within the hospitality sector, which is refreshing to see, and I’m delighted that this event could bring so many people together.

“Making sure that the vacancies in our borough are open and accessible to all is key for the development of our economy. Employment is a very important part of our administration.”

“We want to support people in their journey to find work, especially in light of the current cost of living crisis.”

Providing career support and helping people into work is a priority for the council. Its employment service, WorkPath, provides support for people at all levels of work, skill or experience.

From basic upskilling to advanced training, work experience to apprenticeships and CV and interview help, the service supports residents across all different types of career path.

Emma Warden, Associate Director CSR and Community at Canary Wharf Group, said: “We are thrilled with the success of the latest job fair, being able to match local talent with the exciting opportunities that exist in the hospitality sector. We hope to replicate this in the future with more up-and-coming opportunities at Canary Wharf”.

Calley Page, Deputy Director of Business Development & Commercial at New City College, said: “It was great to see so many people at the jobs fair. Today’s talent landscape encompasses people from multiple generations who bring distinct perspectives into the workplace. This event is a great way to share vacancies and training opportunities with the local community. We have found this to be extremely worthwhile and a great opportunity to interview prospective candidates instantly.”

Tribe Hotels, Ibérica Restaurants, Six by Nico, Obicà Restaurants and Le Pain Quotidien were some of the employers that took part in the jobs fair.

More recruitment events are now in discussion between the partnership.

Find out more at www.towerhamlets.gov.uk/workpath



Filipe Avillez, General Manager at My Tribe Hotel

“Our brand is expanding very quickly, we’re opening 50 hotels in the next couple of years. The fair has been really good, we’ve been speaking to people non-stop. For me, living in Tower Hamlets was one of the reasons I took the job at Tribe because commuting in London can put you off a good job opportunity, so to work with people from the area is brilliant.”



Pam McQueen, Head of Human Resources at Six By Nico

“Things like this are good for us to talk to people that have never heard of us before, give them a little bit of insight into what we do, and it’s really beneficial to speak to other businesses that are here too and understand if they’re having the same hiring challenges we do.”



Mohammad Uddin, Careers Manager and Head of DofE Programme at Stepney All Saints School & Sixth Form

“I think it’s important for the students to interact directly with employers and get a sense of what it takes to go out there and find opportunities. A lot of our kids don’t actually go out of their comfort zone, so it’s really good to get them on the DLR and to see what’s on offer for them.”



Nafisa Ali, student at Stepney All Saints School & Sixth Form

“I came here today to look for a job. I spoke to a couple of the catering companies, and I was actually offered a trial shift at Badiani Gelato.”



Kickstart success: Ishan is feeling positive about his future career options

“The best employee I’ve ever taken on”

A local employer has spoken of his delight at the start made by a Kickstart trainee who joined his company.

Daniel Dunn, CEO of Paperplanes, a Whitechapel-based programmatic direct mail start-up, met Ishan Mamood at a Kickstart jobs fair held for employers to meet young talent in the borough.

The Kickstart scheme was set up to create new jobs for 16-to-24-year olds on Universal Credit and at risk of long-term unemployment.

540 placements were secured by the council in the scheme - one of the highest numbers secured by any local authority in the country – which aimed to create much-needed jobs and support businesses affected by the pandemic.

Daniel said: “Lockdown had been a challenge, but because we focus on the eCommerce sector, we were growing rapidly.

“When it came to finding and speaking to people who are looking for a role, we didn’t have the time or know where to find them.

“The Kickstart Scheme was a no-brainer for us, it allowed us to access some of the brightest young talents in the borough.

“Ishan is the best employee that I’ve ever taken on, he’s so great at taking on responsibility, understanding what we’re doing and pushing himself, which as a result pushes the company.”

Ishan has lived in Tower Hamlets his whole life and after graduating with a BA in Economics from Goldsmiths, University of London in 2020 he struggled to find work because of the economic impact of the pandemic.

“It wasn’t the best of years to graduate,” said Ishan. “The prospect of a graduate scheme or a full-time job wasn’t feasible. I volunteered and tried to build up my CV. Just before the pandemic, I was working part-time in an office environment, where I was meant to start in a full-time role, but this ended due to the pandemic.

“Life before Kickstart was uncertain, and with that comes all the stress. In 2021 I enrolled on Universal Credit and my work coach set me up on the Kickstart programme. I had the flexibility to choose what kind of employer I wanted to meet and the industry I was interested in.”

Ishan added: “Now I’ve got a permanent contract it’s all about career progression, I am an operations executive but within the next year, I’d like to move into management. Kickstart is a wonderful thing and now the sky is the limit.”

Find out about other job and training opportunities in Tower Hamlets by visiting www.towerhamlets.gov.uk/careers



KNOW YOUR COUNCIL

BETHNAL GREEN EAST



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Tower Hamlets Council has a system of governance in which the elected mayor, **Lutfur Rahman** (Aspire, right), has personal responsibility and executive powers. Mayor Rahman is responsible for determining and delivering a wide range of policies and priorities. He is advised by his cabinet of councillors and by council officers.



*** The members of the Cabinet are:**

Deputy Mayor and Cabinet Member for Education and Lifelong Learning (Statutory Deputy Mayor) - Cllr Maium Talukdar

**Resources and the Cost of Living - Cllr Saied Ahmed
Regeneration, Inclusive Development and Housebuilding - Cllr Kabir Ahmed
Safer Communities - Cllr Ohid Ahmed**

**Environment and the Climate Emergency - Cllr Kabir Hussain
Health, Wellbeing and Social Care - Cllr Gulam Kibria Choudhury
Jobs, Skills and Growth - Cllr Abu Talha Choudhury
Equalities and Social Inclusion - Cllr Suluk Ahmed
Culture and Recreation - Cllr Iqbal Hossain**

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Choose one of 120 parks and open spaces in Tower Hamlets for your picnic, but be ready to take your rubbish home with you

Planning your perfect picnic

CLEAN & GREEN

With July being national picnic month and hopefully the month of sunny weather too, local parks across the borough will once again be the destination of choice to enjoy a few homemade sandwiches, snacks and drinks with family and friends.

To help you on your way, Our East End has pulled together some top tips on planning your perfect picnic.

Location

With over 120 parks and open spaces in Tower Hamlets there are plenty of places to choose from. Once there, try to find a spot with some shade to

keep the cooler items in your picnic colder for longer.

Basket or bag?

While a picnic basket is traditional, it's good to consider a cooler bag to keep things chilled with the help of some frozen ice packs. Remember, larger ice packs or chunks of ice stay frozen longer.

Blanket

While some locations will have picnic tables provided, it is a good idea to pack a blanket or a tablecloth. A picnic blanket is in keeping with tradition and will help make your day a little bit more comfortable.

Dinnerware

Consider using reusables which are more eco-friendly and cost-effective in the longer term.

Games

Whether it is a pack of cards, a ball game or another activity, games are always a good idea for a picnic to entertain anyone who doesn't want to just sit still and enjoy the food and the weather.

Bring a bag for your rubbish

This is very important. While there are bins in the borough's parks and open spaces for you to use, they can

get filled up quickly on busy days. So, if they are full, you'll need to be ready to take your rubbish home with you and leave the park as tidy as you found it for others to enjoy.

Clean up after your pet

Dogs are welcome but have doggie bags at hand for their mess and dispose in the bins provided.

Final checklist

It's good to keep things simple, but do write out a quick list to check you have everything packed. You don't want to find yourself without that bottle opener you need, a bag for your rubbish, or sunscreen for the children!

Just desserts for fly-tipper fined over £5,300

A Whitechapel ice cream and dessert shop, with branches across London and Essex, has been ordered to pay £5,384 by the courts for illegally dumping waste in the street.

The Urban Chocolatier Whitechapel branch was ordered by Thames Magistrates Court to pay fines totalling £4,000 and £1,384 in costs and charges at a hearing in March.

The court heard how Tower Hamlets Council environmental services officers contacted the branch several times because their large waste bin was placed away

from the premises on the opposite side of the road where the business could not control their waste. The bin was also overflowing with bags of rubbish dumped on the pavement beside it.

Council officers issued a notice requiring the business to take certain steps to dispose its waste properly, then issued a £110 fixed penalty notice when the business failed to do so. The company continued to act unlawfully and was prosecuted for illegal disposal of waste and breach of their 'duty of care'.

Lotfur Rahman, Mayor of Tower

Hamlets, said: "We will not tolerate businesses using our borough as a dumping ground for waste.

"Businesses must have a contract with a registered waste carrier that is fit for purpose and can adequately deal with the amount of waste the business produces. We will prosecute those who don't."

Help us tackle fly-tipping. Report it through the Love Your Neighbourhood app or on our website, visit www.towerhamlets.gov.uk/flytipping



Businesses must keep on top of their rubbish or face prosecution

Tower Hamlets awarded ‘Tree Cities of the World’ recognition for the first time

Tower Hamlets has been awarded ‘Tree Cities of the World’ status for its dedication to urban and community forestry, tree planting, and biodiversity.

The global programme, run by



We are committed to a programme of planting even more trees in our borough, with a £1.5 million fund for tree planting, so all our residents can enjoy the benefits of trees and the improvement to the environment.

Arbor Day Foundation and the Food and Agriculture Organization of the United Nations, brings together 138 cities from 21 countries.

In the last five years, Tower Hamlets Council has planted approximately 7,800 trees across the borough’s streets and parks.

Additionally, Furze Green has won the Community Tree Award at the London Tree and Woodland Awards due to the community involvement with the project and dedication to tree planting – which was presented on 17 May at Kew Gardens. The Furze Green project was a partnership between Tower Hamlets Council and Trees for Cities, designed to enhance the green space for the local community.

Lutfur Rahman, Mayor of Tower Hamlets, said: “Trees not only beautify our streets and green spaces but provide important health and environmental benefits to our borough – contributing to cleaner air and crucially, helping to respond to the climate emergency.

“Our natural environment urgently needs protecting so that we can all benefit from cleaner air and enjoy our beautiful parks. Our tree planting programme is a crucial



In the last five years, approximately 7,800 trees have been planted across the borough

part of this work, both to enhance our streets and green spaces, while also taking action on the climate emergency.

“We are committed to a programme of planting even more trees in our borough, with a £1.5 million fund for tree planting, so all

our residents can enjoy the benefits of trees and the improvement to the environment.”

Did you know you can sponsor a tree in Tower Hamlets? Find out more at www.towerhamlets.gov.uk/treesforstreets

Poplar scheme helps to deliver cleaner air

An eco-friendly same-day cargo bike delivery service based at Chrisp Street Market in Poplar has reached 500 deliveries with local businesses since its launch in January.

Chrisp Street Delivers provides free and discounted deliveries by zero emission cargo bike. It is part of the Business Low Emission Neighbourhood project which is supported by the Mayor of London’s Air Quality Fund, Tower Hamlets Council and Poplar HARCA.

Cllr Kabir Hussain, Cabinet Member for Environment and Climate Emergency, said: “This is part of responding to the climate emergency in our borough, alongside other programmes including planting even more trees across our parks and streets, establishing a cross-sector climate alliance, and supporting local organisations to reduce their carbon outputs with a £700,000 fund.”

The project has also supported

the work of the Women’s Inclusive Team by delivering cooked meals to low-income households.

Tomos Jones, Zedify’s London Regional Manager, said: “The way we shop has a huge impact on the air we breathe. Deadly NOx and PM2.5 are emitted each time we drive a car to the market or receive a parcel via a diesel van. Zedify is proud to be a partner of Chrisp Street Delivers. This hyper local scheme offers residents free deliveries by cargo bike from local stores and market stalls, helping to shift the dial on clean air for residents across the borough.”

For further details on how your business can participate in the Chrisp Street Delivers project visit www.zedify.co.uk/find-us/chrisp-street-delivers



Each of the schemes will be considered on an individual basis

Consultations launched on Liveable Streets

As part of the Mayor’s pledge to reverse Liveable Streets schemes that have seen a number of roads closed, the council is launching a consultation on current traffic management schemes in the borough.

Residents and businesses in the relevant areas will be invited by post to take part in the consultation and are asked to have their say

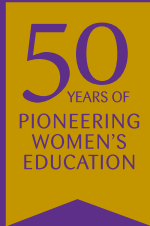
on the schemes and complete the questionnaire provided.


Each of the schemes will then be considered on an individual basis and views gathered during the consultation will be taken into account.

For more information, visit <https://talk.towerhamlets.gov.uk/liveablestreets>

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USE THE QR CODE TO VISIT OUR WEBSITE





Cllrs Ohid Ahmed and Jahed Choudhury working in partnership with police, THEOs and council officers to keep Tower Hamlets safe

Putting residents at the heart of community safety

SAFER TOGETHER

Working in close partnership with local police is at the heart of keeping our communities safe, something that newly re-elected Cllr Ohid Ahmed, is keenly aware of.

Having previously held the position of Cabinet Member for Community Safety (2010 – 2015), he has now taken up the mantle again as part of the council's new administration.

"I have always put our residents and their safety first, and this means taking an active interest in listening to what people have to say," says Cllr Ohid Ahmed, Cabinet Member for Safer Communities.

In June, Cllr Ahmed joined local police and Tower Hamlets Enforcement Officers (THEOs) on a patrol around Roman Road Market, where people on bikes have been stealing items from stalls.

"When I'm speaking to people at their homes, out and about at our markets, the recurring theme I've found is that people don't feel safe.

"Our borough has so much to offer, but no one should feel insecure in the place they call home. This administration will adopt a zero-tolerance approach to antisocial behaviour and crime, and I will be working with police to increase visibility of officers on our streets."

This partnership approach has been reflected in the council's new area-based Safer Neighbourhood Operations teams, where extra support is provided to areas with higher levels of crime and antisocial behaviour.

This is just one of a number of improvements being made to frontline services, which includes

a CCTV van, additional mobile cameras, knife amnesty bins, and a community engagement bus to run 'safety surgeries', which will provide an easily accessible place for people in the community to meet officers, report issues and receive advice.

"I think having a top-tier CCTV network in Tower Hamlets is vital and I have big aspirations for our CCTV," says Cllr Ahmed. "I will be working to ensure our cameras are upgraded with the most effective digital technology. Our CCTV network should be award-winning."

The council will also be running more women's safety walks in an effort to tackle Violence Against Women and Girls (VAWG). These provide an opportunity for female residents to share their views on which areas make them feel unsafe.

"We're going through a really troubling time when it comes to VAWG. As a society, we have a collective duty to make sure all of our residents are safe.

"In the coming months, I plan to re-establish some of the innovative initiatives I introduced when I was previously lead member, like regular public safety walkabouts and my monthly 'safety surgery.' These allow people to share any issues, and for our officers to come up with an action plan.

Cllr Ahmed also has tackling drug dealing as a priority with an aim to arrest 'a drug dealer a day'. "We need to be headstrong in our approach in order to get drug dealers off our streets, and also refocus our efforts on tackling knife crime. I have seen during my previous leadership that these strategies work. I look forward to working with the police to make Tower Hamlets a safer place to live, work and visit."

Marcus Barnett,
**Detective Chief
Superintendent
and Borough
Commander
for Tower
Hamlets**



It is really great to have been asked to write to you all again.

It has been a really busy time for policing across the borough over the last few months and it certainly is evident that life is returning to almost normal after the long and very difficult pandemic period. That was most evident of course at the recent Platinum Jubilee celebrations, where London led the amazing tributes to Her Majesty the Queen.

It was fantastic to see so many people come together to share such a happy time and no doubt we will all live with the memories for generations to come. My officers were very much part of the celebrations – despite working round the clock – and enjoyed the street parties, conversations, and the odd slice of cake!

As we look forward to the next few summer months, I want to reassure you all that my officers – your officers – will continue to be out on the streets and available to support, help you and keep you safe. We will also continue to bear down on the crimes and anti-social behaviour that I know blights communities, and in doing so, continue to work closely with the local authority.

We also want to work more closely with you the community and to hear from you. So please do get in touch with your local neighbourhood officers, whose details you can find on our website - www.met.police.uk/a/your-area/local-policing-team-contact

I would also say that now we are in the warmer weather (long may it last), please be mindful of personal security of cars and homes – where often an open window can be an opportunity for someone to steal.

Stay safe and sending you all my very best wishes.

Sign up

Keep up to date with news on community safety by signing up to our e-newsletter. To sign up, simply visit www.towerhamlets.gov.uk/signup

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“Through exceptionally well targeted care, guidance support and an outstanding curriculum, students make outstanding progress.”

OFSTED

“Outstanding spiritual, moral and cultural development is reflected in the respect and consideration the students show.”

OFSTED

“I like the school because we are inspired to be the best we can be in everything we do.”

Year 8 Student

Visit our website or contact us to find out more about Mulberry Stepney Green Maths, Computing and Science College
We look forward to meeting you.

SCAN ME



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“In the Sixth Form, teachers develop
a real depth of knowledge and
understanding in students.”

Ofsted Inspection Report
31st January 2022

Sixth Form

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Make this summer work for you

HEALTHIER LIVES

With summer now upon us, there has never been a better time to get in shape.

A lot of us might have put on a bit of weight over winter, especially following a difficult couple of years with the pandemic. However, obesity can cause serious health problems, including type 2 diabetes, and heart disease.

The council has several initiatives to empower you to improve your health and start your fitness journey. You can find a way that suits you and your lifestyle, whatever your goal. So, what are you waiting for?

Change for Good

Change for Good is a tailored, evidence-based, 12-week weight loss plan from the NHS. It covers nutritional and dietary content as well as the benefits of exercise, culturally appropriate physical activities, behaviour change tools and the best ways to set goals. Courses also run in Bengali and Somali. Visit www.towerhamlets.gov.uk/healthyweight

Weight Action Programme

Weight Action Programme is a free, 12-week, in-person or online (via Zoom) programme run by specialists at Queen Mary University of London. The programme has helped more than 40 per cent of participants to lose at least 5 per cent of their body weight. Participants trial different weight loss programmes until they find one that works for them. To find out more visit www.towerhamlets.gov.uk/healthyweight

Free family cycle training

This free, three-day family cycling training programme sees each family (of up to six people) working with an instructor to improve their skills. To find out more, visit www.bikeworks.org.uk/towerhamlets. This programme is not for complete beginners, but there are 1-2-1 sessions which are perfect for those who are new to cycling. To book, visit www.bikeworks.org.uk/Event/book-cycle-training-lbth

Hire a bike with Peddle my Wheels

Hire a new bike for £30 per month for up to six months – and you'll get your money back if you buy the bike. The fee includes insurance against theft and damage and there are no hidden costs or ties. The bike comes fully equipped with lights, mudguards, lock and helmet. To find out more visit www.peddlemywheels.com/try-before-you-bike

Getting active

Tower Hamlets' seven leisure centres offer a wide range of facilities and activities perfect for individual workouts or organised sports. There are free and women-only sessions too. To learn more visit www.towerhamlets.gov.uk/sports

Outdoor gyms

For a more informal workout, Tower Hamlets has 16 outdoor gyms all around the borough with a range of equipment.



Tower Hamlets has a range of initiatives to help you stay fit and healthy over the summer

Find your nearest outdoor gym

- Bartlett Park, Upper North Street, E14
- Meath Gardens, Smart Street, E2
- Mile End Active Zone, Mile End Park (Wennington Green), Grove Road, E3
- Millwall Park, Manchester Road, E14
- Ropewalk Gardens, Golding Street, E1
- Shandy Park, Bale Road, E1
- Sir John McDougall Gardens, Westferry Road, E14
- Rounton Road Open Space, Rounton Road, E3
- Pollard Square, Pollard Row, E2
- Jolly's Green, Joshua Street, Poplar, E14
- Leven Road Open Space, E14
- Shadwell Basin, Glamis Road, E1
- Stepney Green Park, Stepney Way, E1
- Victoria Park, Grove Road, E3 (next to tennis courts)
- Wapping Gardens, Tench Street, E1
- Weavers Fields, Viaduct Street, E2

Free fruit and veg vouchers for families in Tower Hamlets

Eating a variety of fruit and vegetables is really important to keep us healthy – especially for children who are still growing and developing.

To help, the Alexandra Rose Vouchers for Fruit and Veg Project has launched at three children's centres in Tower Hamlets in partnership with Chrisp Street Market.

Families with young children under five on the Isle of Dogs, Poplar and Chrisp Street who are on low incomes will receive weekly

vouchers. They will be given £3 worth of vouchers for each child, every week, or £6 if the child is under one.

Families can exchange the vouchers for fresh fruit and veg of their choice at Chrisp Street Market, supporting the local food economy and market stall holders.

To get more information and to receive vouchers visit www.alexandrarose.org.uk/how-to-get-rose-vouchers



Eligible families can now get free fruit and veg vouchers in Tower Hamlets

For more information, visit

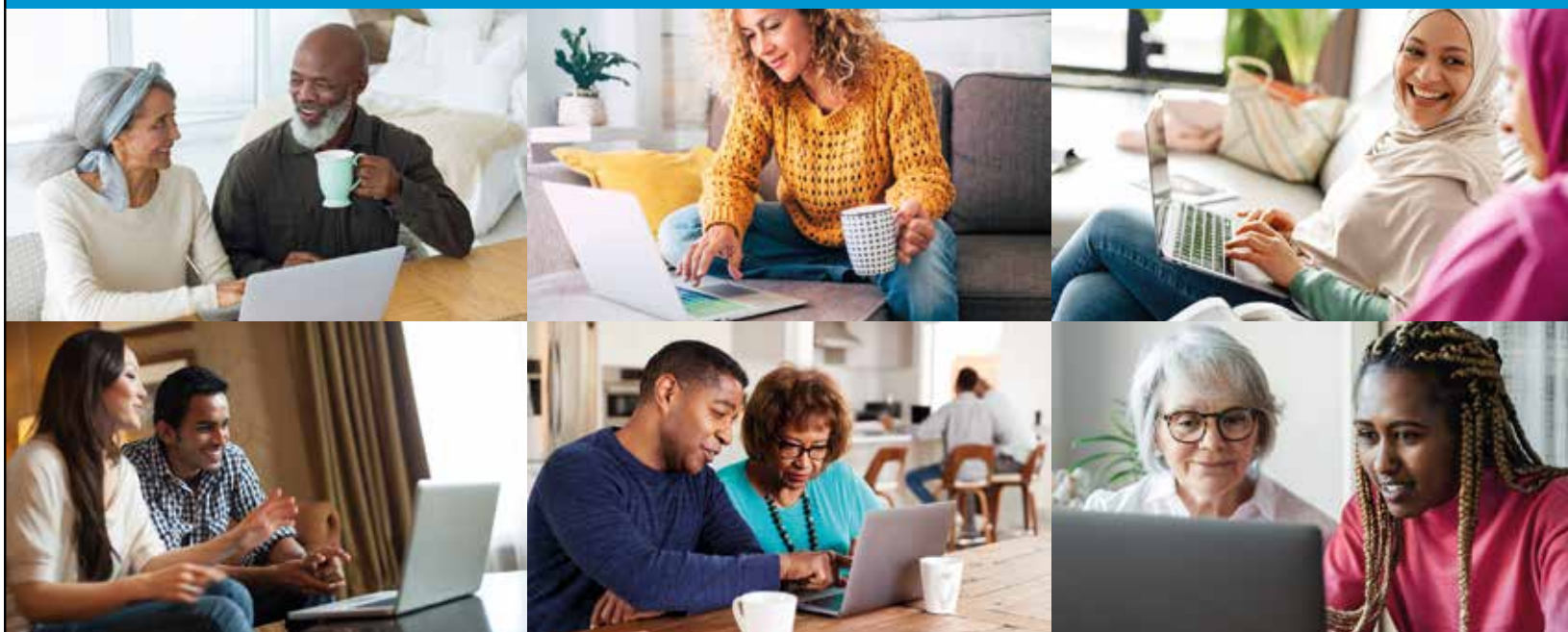
towerhamletsconnect.org

Or you can call **0300 303 6070** (Mon-Fri, 9am-5pm)
or email **enquiry@towerhamletsconnect.org** and
an advisor will be able to help.



Information and advice when you need it

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Creative Storytelling session. Image courtesy of Young V&A

The V&A celebrates 150 years in east London

A year long community festival has begun in Tower Hamlets and other parts of east London as part of celebrations to mark 150 years of the V&A museum in Bethnal Green (now Young V&A), which opened in 1872 as east London's first ever museum.

Young V&A's 'Reinvent Festival' offers a series of family friendly events and activities in partnership with venues across east London, including Victoria Park, Idea Stores and Queen Elizabeth Olympic Park.

The festival also begins the countdown to Young V&A's opening (formerly V&A Museum of Childhood) in summer 2023 following its major redevelopment into a new national museum and creative powerhouse dedicated to those under 14 years old.

Giving a taste of what visitors can expect when Young V&A opens, the festival's programme includes activities for children and families to play, imagine and design, and features a range of creative ambassadors.

Dr Helen Charman, Director of Young V&A, said: "For 150 years, the V&A has been embedded in its

local community, and we can't wait to open Young V&A in summer 2023 as a new museum that puts children and their creative futures front and centre."

During the school holidays, throughout late July and into August, Young V&A will be running 'Story-Makers' at Idea Stores across Tower Hamlets – a series of artist-led, interactive story-making sessions that's part of the national Summer Reading Challenge.

Other festival activities include a two-day pop-up photography studio at Oxford House, capturing snapshots of children being creative with photographer, Rehan Jamil. A selection of the photographs will go on display in the 'This is Me' section in Young V&A's new Imagine Gallery.

Young V&A will also be at 'In the Neighbourhood' in Victoria Park on 21 and 22 August with creative design challenges and play equipment for little ones.

For a full list of events, visit www.vam.ac.uk/blog/museum-life/reinvent-festival-young-va-summer-family-events

Nocturnal Creatures Festival

This summer, Whitechapel Gallery will present Nocturnal Creatures 2022, connecting with local communities and transforming east London through immersive film, music, performance, art, DJ sets, and a bouncy castle.



Agostino Quaranta, *Idra*, 2022. Courtesy of the artist

The free late-night annual festival on Saturday 23 July, 6pm – 11pm, is open to all and takes place in venues within walking distance of the gallery.

Eight new works will be premiered from artists Emma Talbot, Jennie Moran, Janette Parris, and Jasleen Kaur, musician, writer and broadcaster Nabihah Iqbal, filmmakers Baff Akoto and Patrick Goddard, and theatre company Cardboard Citizens. DJ sets come from artist AGOSTINO and musical movement and curatorial platform Touching Bass. Nine venues will host the new works, including Whitechapel Gallery, The Hickman, Bishopsgate Institute, St Boniface, Toynbee Hall, Aldgate Square, Artsadmin, House of Annetta and Raven Row.

Nocturnal Creatures 2022 is made possible through the generous support of Tower Hamlets Council and other partners.

Visit www.whitechapelgallery.org

Plastic bottle tops needed for jumbo community art piece

Celebrate sustainability and this fantastic corner of east London by helping create a brilliant and enormous artwork.

'It's all about Tower Hamlets,' will be made entirely from bottle tops and in the first instance, we need your help to collect enough bottle tops to make this supersized mosaic possible.

Curators, Art Catcher, invite Tower Hamlets residents to collect clean plastic bottle tops of all sizes, shapes and colours for the huge bottle top mosaic about and for the borough. The piece will be created at family events at the Art Pavilion in Mile End during autumn half term week from 22-29 October.

Please email katja@artcatcher.co.uk if you can assist.

Want to get involved in Black History Month 2022?

Tower Hamlets Council is looking at how best to serve diverse communities and audiences and wants to hear about what you're planning, or hoping to organise, for Black History Month 2022.

The council may be able to facilitate your event plans and publicise your event.

Email blackhistorymonth@towerhamlets.gov.uk if you have any queries, ideas or proposals or would like to join an arts and events interest group. You can also submit details of any confirmed, programmed activity by mid-August.

Visit www.towerhamlets.gov.uk/arts (What's On, Black History Month) for updates as plans for this year unfold.

Exhibitions

Brick Lane 1978: The Turning Point

Photographer Paul Trevor documented how the local Bengali community endured racial abuse as a constant factor of everyday life, and how they united to end violence and institutional racism. The exhibition brings together 75 of Trevor's photographs for the first time, alongside accounts by original activists to produce a powerful narrative of the remarkable events of 1978.

Until 23 July 2022

Free admission. Opening hours 11am-6pm, Tues- Sat, until 8pm Thurs
Four Corners Gallery, 121 Roman Road, Bethnal Green, E2 0QN



The community mobilised for racial justice

Christen Sveaas Art Foundation: Selected by Donna Huanca

Donna Huanca (b.1980, Chicago, USA), known for her immersive painterly and sensory installations, is set to conclude the gallery's series of artist selections from the collection of Christen Sveaas Art Foundation. Huanca will transform the Collections Gallery with an installation of painting, sculpture, sound and scent. This exhibition will be accompanied by public programmes in the gallery's auditorium, alongside a fully illustrated publication.

19 August 2022 - 1 January 2023

Free entry
Whitechapel Gallery (Gallery 7), 77-82 Whitechapel High Street E1 7QX

Summer lights

Canary Wharf will be punctuated by beautifully designed, outdoor installations that are enhanced by the play of natural light. From a flock of bright birds soaring overhead in Jubilee Park, to colourful and kaleidoscopic interactive pieces at Wood Wharf, 11 new artworks will



Outdoor installations enhanced by natural light.

be dotted around Canary Wharf to compliment the six permanent pieces included on the trail, plus a spectacular exhibition of hand-blown glass in the Lobby of One Canada Square. These stunning installations will come to life at sunrise as the daylight shines through and refracts, creating beautiful patterns, reflections and vibrant colours.

Until 20 August 2022

Lobby, One Canada Square, E14 5AB and throughout Canary Wharf
Visit www.canarywharf.com/whats-on/summer-lights-jun-aug-2022

E1 Printmakers

An end of year show which represents the creative output of printmaking students with an array of experience and ability. The work on display is made by printmakers from classes run at the Brady Art Centre and Shadwell Print Studio. Different printmaking techniques include monotype and monoprint, block printing, linocut, woodcut, collagraph, drypoint, and screen printing, some with additional mixed media.

Until 25 August 2022

Brady Arts Centre, 192-196 Hanbury Street, Whitechapel, E1 5HU

Festivals

The East End Canal Festival

Free festival and exhibition to celebrate 200 years of the Regent's Canal with boat trips, workshops, entertainment, local heritage and art exhibition, stalls and more.

16-17 July 2022

The Art Pavilion, Mile End Park, Clinton Road E3 4QY
Visit www.regentscanalheritage.org.uk

The Islander Festival

London City Island will come alive with summer festival celebrations, as it hosts the second annual Islander Festival. There will be live music and DJ performances, a street food market with a range of international cuisines, fitness classes, children's



Stalls, entertainment and more

activities, entertainers, workshops, art exhibitions, a Kids Zone with races, face painting and balloon modelling and more.

23 July 2022

London City Island E14 0QG

Music

Victoria Park Bandstand Season

The 2022 Victoria Park Bandstand Season brought to you by Victoria Park Friends Group in partnership with Tower Hamlets Council continues every Sunday in July. From Sondheim to Ska via brass band standards, and a ukulele sing-along these fantastic free concerts can liven up your summer Sundays. Enjoy a great, free family afternoon at Vicky Park's famous bandstand.

Every Sunday in July

Performances start at 2pm

Victoria Park, Grove Road, E3 5TB
Visit www.towerhamlets.gov.uk/events

Theatre

David's play

David Grindley lives on the Isle of Dogs and has decided that he will star in a show.

26-31 July 2022

The Space, 269 Westferry Rd, E14 3RS
Visit www.space.org.uk



The Islander Festival

Siblings

Three young adult siblings are locked inside an old theatre where they stage the killing of their parents. A tragicomical ritual of guilt, family, revolution and myth.

9-13 August 2022

The Space, 269 Westferry Rd, E14 3RS
Visit www.space.org.uk

The Brontë's: A musical

Sibling rivalry. Heartbreak. Addiction. Patriarchy. Really bad weather. Discover how literature's most volatile siblinghood penned their way to infamy against all odds.

16-20 August 2022

The Space, 269 Westferry Rd, E14 3RS
Visit www.space.org.uk

Surviving Strangers

A pandemic erupts and a couple is stuck in lockdown together. At first, it's all love, fun and games, but very soon the situation becomes unbearable.

20-24 September 2022

The Space, 269 Westferry Rd, E14 3RS
Visit www.space.org.uk

Mary and Mietek

Ben and Alma are feeling the strain, separated by Brexit, borders and uncertainty. Can they find help in Ben's grandparent's love letters? 1945 doesn't seem so far removed.

13-17 September 2022

The Space, 269 Westferry Rd, E14 3RS
Visit www.space.org.uk

Display

Superbloom

Twenty million seeds have been sown in the Tower's moat, to create 'Superbloom' - a floral display and haven for wildlife, surrounding the famous fortress. The display celebrates HM the Queen's Platinum Jubilee Year.

Until 18 September 2022

Tower moat, Tower of London, EC3N 4AB

Visit www.hrp.org.uk/toweroflondon



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Flour-ishing: McDougall's Wheatsheaf Mills on the Isle of Dogs, pictured here in 1924. © Tower Hamlets Local History Library and Archives

Food exhibition gives a flavour of the past

HISTORY

A new exhibition which explores the borough's history of growing and producing food has launched at Tower Hamlets Local History Library and Archives.

Items from across the archives have been selected to highlight the histories of food processed both by hand and by machine over the past 400 years.

For many centuries, this part of London, just east of the city walls, was predominantly composed of pasture and market gardens. Acres of green fields bore a range of crops grown by individual farmers and smallholders, primarily to feed residents of the capital.

Visitors to the exhibition will be able to uncover how it was a common sight for animals to be seen walking the borough's streets up until the late nineteenth century.

Cattle were kept in or near residential properties, pigs were

raised in local woodlands, fish were caught on the Thames and Lea, and fowl were plentiful on marshy areas like Wapping and the Isle of Dogs.

Due to the expansion of the docks, which facilitated the mass arrival of people and products from across the world, the East End became the epicentre of British extractive colonialism. Bulk imports of organic produce grown in hotter climates, often by forced labour, landed at the East India and West India docks for processing and onward distribution within the UK.

The rapid industrialisation of the Victorian period saw factories and warehouses being built in the dockside areas or flanking canals and roads, as food companies set up new bases.

Despite widespread poverty and overcrowding, entrepreneurs could snag relatively cheap land here situated directly on a prime global trade route. Businesses large and small flourished, from the German

sugar bakers of Whitechapel to the flour millers of the Isle of Dogs.

Did you know?

Many places in the borough get their name from their history of food production in Tower Hamlets.

- In John Stow's 1598 Survey of London, Middlesex Street (Petticoat Lane) is recorded as 'Hog Lane' – a route by which pigs were driven to market at Whitechapel.
- Butcher Row, which can be found on William Morgan's map of 1682, survives today near Limehouse station.
- The marshes on the Isle of Dogs

were ideally situated for windmills, with records from the late 1600s showing a line of at least twelve windmills in the area known as Marsh Wall. The long line of mills would have been highly visible landmarks on the riverfront in the otherwise flat and undeveloped area, giving it the name Mill Wall or Millwall.

- Wheat Sheaf Close in E14 takes its name from the site of the McDougall's Wheatsheaf Mills it is built on.

For more information on Tower Hamlets Local History Library & Archives, visit www.ideastore.co.uk/local-history

“ **Businesses large and small flourished, from the German sugar bakers of Whitechapel to the flour millers of the Isle of Dogs.** ”



At Bonner Primary School we have wide variety of facilities to hire for special occasions, events and activities at our Mile End and Bethnal Green sites.

To hire please visit bonner.schoolhire.co.uk or you can contact the school directly on **0208 980 1004**.

Are you a pensioner living in Bethnal Green who would like to move to Clacton-on-Sea?

Parmiter's Almshouse and Pension Charity is a Bethnal Green based charity that has six almshouses, for independent living, in Clacton-on-Sea. We currently have a vacancy in one of our two bedroomed terraced bungalows.



To be eligible to apply you must live in the ancient parish of Bethnal Green (shown on the map). You must also be over the age of 60 with a housing/financial need. If successful, you would be appointed as a pensioner of the Charity and you will receive a twice yearly pension of £75. The Trustees arrange for you to receive a Christmas Hamper and they visit the Almshouses once a year to take the residents out for a meal. You would occupy under licence and pay a Weekly Maintenance Contribution of £128.40.

For further information and an application form, contact us on 01285 841900 or by post at Parmiter's Almshouse and Pension Charity, 6 Trull Farm Buildings, Tetbury, Gloucestershire, GL8 8SQ, or email – info@parmitersalmshouseandpensioncharity.org.uk

Closing date for applications – 31st July 2022

মেয়র নির্বাচিত হলেন লুৎফুর রহমান

Lutfur Rahman elected Mayor – page 4



পড়েছিলো ৪১.৯২ শতাংশ। লুৎফুর রহমান মেয়র হিসেবে আগামী ৪ বছর দায়িত্ব পালন করবেন।

টাওয়ার হ্যামলেটসের রিটানীং অফিসার এবং কাউন্সিলের প্রধান নির্বাহী, উইল টাকলি বলেছেন, “প্রথমেই আমি লুৎফুর রহমানকে তাঁর নির্বাচনী বিজয়ের জন্য অভিনন্দন জানাতে চাই এবং মেয়র হিসেবে টাওয়ার হ্যামলেটসের জনগণের জন্য তার অগ্রাধিকারগুলো প্রদানে তাঁকে সহায়তা করার জন্য আমি উন্মুখ হয়ে আছি।” তিনি নবনির্বাচিত ৪৫ জন কাউন্সিলরকেও তাদের বিজয়ের জন্য অভিনন্দন জানান, “এবং সকল প্রার্থী যারা নির্বাচনে দাঁড়িয়ে গণতান্ত্রিক প্রক্রিয়ায় তাদের ভূমিকা পালন করেছেন” তাদেরকেও ধন্যবাদ জানান। তিনি বলেন, “নির্বাচন আয়োজনের সার্বিক কাউন্সিলের সকল অফিসার এবং মেট্রোপলিটান পুলিশ ও নির্বাচন কমিশনের মতো অংশীদার সংস্থার সহকর্মীদের প্রচুর শ্রম ও প্রস্তুতি জড়িত। নির্বাচন সঠিকভাবে আয়োজনের জন্য কঠোর পরিশ্রমকারী আমাদের ইলেকশন টিম সহ নির্বাচনের দিন থেকে ভোট গণনা পর্যন্ত সকল পর্যায়ে জড়িত সকল স্তরের কর্মকর্তাদের ধন্যবাদ জানাচ্ছি।”

HARMONY BENGALI NEWS

গত মে মাসের ৫ তারিখে অনুষ্ঠিত স্থানীয় নির্বাচনে টাওয়ার হ্যামলেটসের নতুন নির্বাহী মেয়র নির্বাচিত হন লুৎফুর রহমান। ৬ মে শুক্রবার ক্যানারি ওয়ার্ফের উইন্সটারগার্ডেনে অনুষ্ঠিত ভোট গণনা শেষে মেয়রাল নির্বাচনের ফল ঘোষণা করা হয়।

অ্যাসপায়ার পার্টির প্রার্থী লুৎফুর রহমান পান ৪০,৮০৪ ভোট। তাঁর নিকটতম প্রতিদ্বন্দ্বী লেবার পার্টির জন বিগস পান ৩৩,৪৮৭ ভোট। মেয়রাল ইলেকশনে ভোট

বারার বাসিন্দাদের জন্য কাজ করতে আমি এখানে এসেছিঃ মেয়র রহমান

Mayor Rahman: I am here to serve everyone

টাওয়ার হ্যামলেটসের নব নির্বাচিত মেয়র লুৎফুর রহমান তাঁকে পুণরায় ‘বারার জনগণের সেবা করার’ সুযোগ দেওয়ার জনসাধারণকে ধন্যবাদ ও কৃতজ্ঞতা জানিয়েছেন।

নির্বাহী মেয়র লুৎফুর রহমান বলেন, “আমি এখানে এসেছি সকলের জন্য কাজ করতে। বারার সকল কমিউনিটি, যাদের নিয়েই গড়ে উঠেছে এই টাওয়ার হ্যামলেটস, তাদের জন্য কাজ করতে, তাদের সেবা করতে আমি সর্বদা সচেষ্ট থেকেছি। এবং যে জনপদে আমি বড় হয়েছি, সেই জনপদকে কিছু ফিরিয়ে

দিতে আমি নিবেদিত হয়ে কাজ করে যাচ্ছি।”

তিনি বলেন, “আমাদের রয়েছে অনেক অসঙ্গতি ও বৈপরিত্য। উদাহরণস্বরূপ বলা যায়, আমাদের অধিক শিশু বেড়ে ওঠছে দারিদ্র্যের মধ্যে এবং বেশির ভাগ লোকের কাছে বহু সুযোগসুবিধাই রয়ে গেছে অপ্রাপ্য। আমাদের ভবিষ্যত বারার তরুণ প্রজন্ম এবং আমাদের প্রবীণ জনগোষ্ঠি, অর্থাৎ সকল বাসিন্দার জন্য বিনিয়োগ করতে চাই আমি। সবার জন্য সমান সুযোগ সহ ‘ওয়ান কমিউনিটি’ অর্থাৎ সকল সম্প্রদায়কে

নিয়ে এক কমিউনিটি হিসেবে আমাদের এগিয়ে যাওয়া আমি নিশ্চিত করতে চাই।”

মেয়র বলেন, “আমরা সবাই মিলে এমন বিষয়গুলো ভেলেভারি দিবে, আমার জানা মতে যেগুলো বাসিন্দাদের কাছে অধিকতর গুরুত্বপূর্ণ, যেমন হাউজিং, শিক্ষা এবং জীবনযাত্রার চলমান সংকট মোকাবেলায় লোকজনকে সাহায্য করার মত ইস্যুগুলো।” তিনি বলেন, “আবারও বারার জনগণের সেবা করার সুযোগ পাওয়াটা আমার জন্য অনেক সন্মানের বিষয়।”

সংখ্যাগরিষ্ঠ কাউন্সিল আসন জিতেছে এ্যাসপায়ার পার্টি

Aspire Party wins a majority of council seats – page 4

৫ মে অনুষ্ঠিত স্থানীয় নির্বাচনে টাওয়ার হ্যামলেটস কাউন্সিলের সংখ্যাগরিষ্ঠ আসন জিতেছে এ্যাসপায়ার পার্টি। ২০টি ওয়ার্ডের ৪৫টি কাউন্সিল আসনের সবগুলোতে অনুষ্ঠিত নির্বাচনে বারার ভোটাররা আগামী ৪ বছর যারা তাদের প্রতিনিধিত্ব করবেন, তাদেরকে নির্বাচিত করেন।

শনিবার ৭ মে ক্যানারি ওয়ার্ফের উইন্সটারগার্ডেনে কাউন্সিলের নির্বাচনের ভোট গণনা অনুষ্ঠিত হয়।

চূড়ান্ত ফলাফল অনুযায়ী অ্যাসপায়ার পার্টি ২৪টি আসনে এবং লেবার পার্টি ১৯টি আসনে জয় পায়। কনজারভেটিভ পার্টি এবং গ্রীণ পার্টি একটি করে আসন পেয়েছে। এর আগের দিন শুক্রবার মেয়র নির্বাচনের ফল ঘোষণা করা হয়।

নির্বাচনের পূর্ণাঙ্গ ফলাফল কাউন্সিলের ওয়েবসাইট www.towerhamlets.gov.uk/elections এ পাওয়া যাবে।



স্পীকারের চেইন গ্রহণ করছেন নব নির্বাচিত স্পীকার অব টাওয়ার হ্যামলেটস, কাউন্সিলর শাফি আহমেদ।

কাউন্সিলের এজিএম-এ নতুন স্পীকার, ডেপুটি স্পীকার নির্বাচন এবং কেবিনেট গঠন

New Speaker and Cabinet confirmed at Council AGM – page 5

কাউন্সিলের বার্ষিক সভায় বারার নতুন স্পীকার, ডেপুটি স্পীকার, কেবিনেট এবং মূল কমিটির চেয়ারম্যান নির্বাচিত হয়েছেন। ২৫ মে বুধবার টাউন হলে এই সভা অনুষ্ঠিত হয়।

নির্বাচনের পর অনুষ্ঠিত প্রথম পূর্ণাঙ্গ কাউন্সিল সভায় হোয়াইটচ্যাপেল ওয়ার্ডের প্রতিনিধিত্বকারী কাউন্সিলর শাফি আহমেদ বারার নতুন স্পীকার নির্বাচিত হন। তিনি তাঁর প্রতিক্রিয়ায় বলেন, “বারার ফাস্ট সিটিজেন হিসেবে নির্বাচিত হতে পেরে আমি গর্বিত এবং সামনের দিনগুলোতে আমি টাওয়ার হ্যামলেটসের সর্বস্তরের জনসাধারণ ও সংগঠনগুলোর সাথে

সহযোগিতা করার জন্য অগ্রহের সাথে অপেক্ষা করছি। আমাদের অনেক বাসিন্দাই এখন কঠিন এক সময়ের

মুখোমুখি হওয়া সত্ত্বেও, আমাদের এটা মনে রাখতে হবে যে আমরা একটি চমৎকার বারায় বাস করি এবং টাওয়ার হ্যামলেটস বসবাসের জন্য এমন দুর্দান্ত একটি জনপদ কীভাবে হলো, সেটার ওপর আলো ফেলতে আমি উন্মুখ হয়ে আছি।”

নতুন স্পীকারের অফিসিয়াল চ্যারিটি থিম বা প্রতিপাদ্য বিষয় হচ্ছে অটিজমের আক্রান্ত তরুণদের সহায়তাকরণ এবং স্পীকারের চ্যারিটি সংগঠন হচ্ছে টাওয়ার প্রজেক্ট। ডেপুটি স্পীকার নির্বাচিত হয়েছেন শেডওয়েল ওয়ার্ডের প্রতিনিধিত্বকারী কাউন্সিলর হারুন মিয়া।

বার্ষিক সভায় মেয়র লুৎফুর রহমান ডেপুটি মেয়র হিসেবে অপেক্ষা করছি। আমাদের অনেক বাসিন্দাই এখন কঠিন এক সময়ের

বিভিন্ন দায়িত্ব পালনের জন্য ৯ জন কাউন্সিলের নাম আনুষ্ঠানিকভাবে ঘোষণা করেন, যা সভায় অনুমোদন লাভ করে। এসময় মেয়র লুৎফুর রহমান বলেন, “আমি আমার নতুন কেবিনেট এবং ডেপুটি মেয়র নিশ্চিত করতে পেরে আনন্দিত এবং বারার জনগণের কাছে আমরা যে অগ্রিকারগুলো করেছি তা পূরণ করার জন্য আমার নির্বাহী টিমের সাথে কাজ করে যাওয়ার জন্য আমি উন্মুখ হয়ে আছি।” তিনি বারার নতুন স্পীকার এবং ডেপুটি স্পীকারকে অভিনন্দন জানিয়ে বলেন, “আমি জানি যে তারা বারার সর্বত্র এবং আন্তর্জাতিক পর্যায়েও টাওয়ার হ্যামলেটসের প্রতিনিধি হিসেবে চমৎকার কাজ করে যাবেন।”

বিজয়ী কাউন্সিলদের পূর্ণাঙ্গ তালিকা ও তাদের সাথে যোগাযোগের বিস্তারিত তথ্য রয়েছে ২০ ও ২১ পৃষ্ঠায়।

পূণঃউন্ময়ন প্রকল্পের দশম বর্ষপূর্তি

উদযাপন করলো কমিউনিটি
Community celebrates regeneration – page 12

এবারফেভি এস্টেটের রিজেনারেশন অর্থাৎ পূণঃউন্ময়ন প্রকল্পের দশম বার্ষিকী উদযাপনের লক্ষ্য গত মাসে বিশেষ এক কমিউনিটি ইভেন্টের আয়োজন করা হয়েছিলো। এতে অংশ নিয়েছিলেন প্রায় ৭ শতাধিক বাসিন্দা।

বারার নির্বাহী মেয়র লুৎফুর রহমান এই অনুষ্ঠানে যোগ দেন এবং বাসিন্দাদের সাথে সাক্ষাত করেন। এসময় তিনি এবারফেভি রিজেনারেশন প্রজেক্টে নেতৃত্বদানকারী পপলার হারকা এবং ইকোওয়ার্ড লন্ডন এর কাছ থেকে নতুন উন্ময়ন পরিকল্পনাগুলো সম্পর্কে অবহিত হন। এই উন্ময়ন প্রকল্পের লক্ষ্য হচ্ছে, চলতি বছরের মধ্যেই ৯০০ নতুন বাড়ি সরবরাহ করা। এগুলোর মধ্যে সোশ্যাল রেন্ট এর জন্য থাকবে ১৬৫টি ফ্ল্যাট, ১৭টি

শেয়ার্ড ওনারশীপ, ৫৬১টি প্রাইভেট সেল অর্থাৎ বিক্রির জন্য এবং ১৫৮টি বাড়ি থাকবে প্রাইভেট রেন্ট বিশেষ এক কমিউনিটি ইভেন্টের আয়োজন করা হয়েছিলো। এতে অংশ নিয়েছিলেন প্রায় ৭ শতাধিক বাসিন্দা।

শেয়ার্ড ওনারশীপ, ৫৬১টি প্রাইভেট সেল অর্থাৎ বিক্রির জন্য এবং ১৫৮টি বাড়ি থাকবে প্রাইভেট রেন্ট বিশেষ এক কমিউনিটি ইভেন্টের আয়োজন করা হয়েছিলো। এতে অংশ নিয়েছিলেন প্রায় ৭ শতাধিক বাসিন্দা।

পরিকল্পনার আওতায় কমিউনিটির জন্য নতুন উন্মুক্ত স্থান ও নতুন অবকাঠামোগত সুবিধাদি টাওয়ার হ্যামলেটসকে প্রত্যেকের বসবাসের জন্য একটি সেরা জনপদ হিসেবে গড়ে তুলতে সাহায্য করবে।”

নির্বাহী মেয়র লুৎফুর রহমান এবং কেবিনেট মেম্বার ফর রিজেনারেশন, ইনক্লুসিভ ডেভেলপমেন্ট এবং হাউজিংবিডিং, কাউন্সিলর কবির আহমদ এই ভিলেজের ১৭টি নতুন এফোর্ডেবল হাউজে স্থানান্তরিত পরিবারগুলোকে স্বাগত জানান। এর মধ্য দিয়ে এফোর্ডেবল রেন্ট অর্থাৎ সামর্থ অনুযায়ী ভাড়া দেয়ার জন্য নির্ধারিত ৩৯টি নতুন ঘরের নির্মাণ কাজ এ বছরে সম্পন্ন হলে। আরো তথ্য জানতে হলে ভিজিট করুন: www.towerhamlets.gov.uk/housing

বাসিন্দাদের সহায়তায় ২.৭ মিলিয়ন পাউন্ডের আর্থিক অনুদান প্যাকেজ

New £2.7m cost of living relief package agreed at Cabinet – page 9

টাওয়ার হ্যামলেটসের নির্বাহী মেয়র লুৎফুর রহমান জীবনযাত্রার ব্যয় বৃদ্ধির সংকট মোকাবেলায় বারার বাসিন্দাদের জন্য নতুন একটি রিলিফ বা সহায়তামূলক প্যাকেজ অনুমোদন করার ফলে আর্থিক সংকটে থাকা বারার হাজার হাজার পরিবার কাউন্সিলের পক্ষ থেকে এককালীন নগদ অর্থ সহায়তা পাবে।

১১ জুলাই অনুষ্ঠিত কাউন্সিলের কেবিনেট মিটিংয়ে মেয়র লুৎফুর রহমান কর্তৃক অনুমোদিত এই রিলিফ প্যাকেজের অধীনে ফ্রি স্কুল মিলস্ অর্থাৎ স্কুলে বিনামূল্যে খাবার পাওয়ার যোগ্য বাচ্চাদের পরিবারগুলি প্রতিটি শিশুর জন্য ১০০ পাউন্ড নগদ সহায়তা পাবে। এছাড়া দারিদ্রের ঝুঁকিতে থাকা অন্য পরিবারগুলোকেও শিশু প্রতি ১০০ পাউন্ড করে অনুদান দেওয়া হবে। পরিকল্পনা অনুযায়ী ১০০ পাউন্ড করে মোট ১৭,৫০০টি গ্র্যান্ট পেমেণ্ট দেয়া হবে, যাতে কাউন্সিলের খরচ হবে ১.৭৫ মিলিয়ন পাউন্ড।

কাউন্সিলের বিশেষ এই রিলিফ প্যাকেজের আওতায় পেনশন ড্রেডিট লাভকারী ৭০০০ এরও বেশি বাসিন্দাকে দেয়া হবে আর্থিক সহায়তা। এছাড়া যে সকল পরিবারের শিশুরা এখনো প্রাইমারী স্কুলে যায় না, অথচ হেলদি স্টার্ট ভাউচার পায় তেমন ২০০০ পরিবারের জন্যও এই প্যাকেজে আর্থিক সহায়তা দেয়ার ব্যবস্থা রাখা হয়েছে।

কাউন্সিলের হাউজিং সাপোর্ট ফান্ডের বরাদ্দ থেকে এই গ্রুপগুলোকে ১০০ পাউন্ড করে ৯৪১০টি অনুদান প্রদান করা হবে। সবমিলিয়ে রিলিফ প্যাকেজের আর্থিক পরিমাণ দাঁড়াবে সর্বমোট ২ দশমিক ৭ মিলিয়ন পাউন্ড।

জীবনযাত্রার ব্যয় বৃদ্ধির সংকট মোকাবেলায় বাসিন্দাদের সহযোগিতা করতে কাউন্সিলের অনেকগুলো পদক্ষেপের সর্বশেষ অফার হচ্ছে এই রিলিফ প্যাকেজ। আরও যেসকল পদক্ষেপ গ্রহণের মাধ্যমে বাসিন্দাদের ওপর থেকে আর্থিক চাপ কিছুটা কমানোর চেষ্টা করা হচ্ছে, তার মধ্যে রয়েছে কাউন্সিল ট্যাক্স রিডাকশন স্কিম, রেসিডেন্টস্ সাপোর্ট স্কিম, ১১ বছর বয়স পর্যন্ত শিশুদের জন্য সার্বজনীন ফ্রি স্কুল মিলস্, স্কুলের পোশাক কিনতে আর্থিক অনুদান প্রদান, নিউ-আয়ের পরিবারগুলোর ছেলেমেয়েদের জন্য হলিডে এন্টিভিটিজ অর্থাৎ স্কুল বন্ধকালীন সময়ে নানা ধরনের কার্যক্রম পরিচালনা, স্থানীয় ফুড ব্যাংকগুলোকে সহযোগিতা করে যাওয়া এবং স্থানীয় ভিত্তিক পরামর্শ সেবাসমূহ ও দারিদ্র্য বিমোচন আউটরিচ টিমের জন্য তহবিল প্রদান।

রিলিফ প্যাকেজ থেকে অনুদান পাওয়ার যোগ্য পরিবারগুলির সাথে কাউন্সিলের পক্ষ থেকে অথবা শিশুদের স্কুলের মাধ্যমে যোগাযোগ করা হবে।

উল্লেখ্য, যেসকল পরিবারের বাচ্চারা ফ্রি

স্কুল মিলস্ অর্থাৎ বিনামূল্যে স্কুলে খাবার পাওয়ার যোগ্য নয়, অথচ পরিবারগুলো দারিদ্রের ঝুঁকির মধ্যে রয়েছে বলে মনে করা হচ্ছে, তাদেরকে চিহ্নিত করতে কাউন্সিল বারার স্কুলগুলোর সাথে কাজ করছে। এমন প্রায় ২ হাজার পরিবারকেও ১০০ পাউন্ড করে অনুদান দেয়া হবে।

জীবনযাত্রার ব্যয় বেড়ে যাওয়ায় আর্থিক চাপের মুখোমুখি হওয়া পরিবারগুলোর সহায়তায় গৃহিত এই আর্থিক অনুদান প্রকল্প সম্পর্কে মন্তব্যকালে নির্বাহী মেয়র লুৎফুর রহমান বলেন, “জীবনযাত্রার ব্যয় বৃদ্ধির সংকট টাওয়ার হ্যামলেটসের জনগণের ওপর মারাত্মক আঘাত হেনেছে। পরিস্থিতি দিনকে দিন অবনতির দিকেই যাচ্ছে।”

তিনি বলেন, “যদিও এটি সরকারেরই সমাধান করা উচিত, কিন্তু তাই বলে আমরা আর অপেক্ষা করতে পারি না। বারার জনসাধারণের এটা জেনে আশুস্ত হওয়া উচিত যে, তাদের পক্ষে একজন মেয়র এবং একটি কাউন্সিল রয়েছে এবং এ কারণেই আর্থিক চাপে পড়ে সবচেয়ে বেশি সংকটে যারা রয়েছেন, তাদের জন্য আমরা অতিরিক্ত তহবিল বরাদ্দ রাখছি।”

মেয়র বলেন, “যারা আর্থিক সংকটের সাথে লড়াই করছেন, তাদের সহায়তার জন্য মেয়র সকল পদক্ষেপের শীর্ষে রয়েছে নতুন এই রিলিফ প্যাকেজ। এরই মধ্যে আরো যেসকল পদক্ষেপ নেয়া হয়েছে, তার মধ্যে রয়েছে কাউন্সিল ট্যাক্স হ্রাস, আমাদের রেসিডেন্ট সাপোর্ট স্কিম, প্রাথমিক স্কুলে বিনামূল্যে খাবার সরবরাহ, স্কুল ইউনিফর্মের জন্য অনুদান প্রদান এবং আমাদের গ্রীষ্মকালীন ইভেন্ট কর্মসূচির অংশ হিসেবে কম বয়সীদের জন্য বিনামূল্যে শত শত কর্মসূচির আয়োজন ও খাবার-দাবারের ব্যবস্থা করা।”

মেয়র লুৎফুর রহমান আরো বলেন, “চলমান আর্থিক সংকট মোকাবেলায় আমরা নতুন নতুন উপায় খুঁজে বের করে আমাদের বাসিন্দাদের সহায়তা করে যাবো।”

কাউন্সিলের সম্পদ এবং জীবনযাত্রার ব্যয় সংক্রান্ত কেবিনেট মেম্বার কাউন্সিলর সাইয়েদ আহমেদ বলেন, “জীবনযাত্রার ব্যয় বৃদ্ধির কারণে নিউ-আয়ের লোকজন এবং পরিবারগুলো সবচেয়ে বেশি ক্ষতিগ্রস্ত হচ্ছে। সরকারের তরফে কিছু সহায়তার প্রস্তাব দেয়ার মাধ্যমে এই সংকটকে স্বীকার করে নেয়া হলেও সেই সহায়তা মোটেই যথেষ্ট নয়।” তিনি বলেন, “কিছু না করাটা সহজ কোন বিকল্প হতে পারে না। তাই আমরা এই অতিরিক্ত সহায়তা প্রদান করছি, যা সংকটের প্রভাব এবং পরিবারের বাজেটের ওপর ক্রমবর্ধমান আর্থিক চাপ কমাতে সাহায্য করবে। আমরা জানি যে আরও অনেক কিছু করা দরকার এবং এই চ্যালেঞ্জিং সময়ে আমাদের বাসিন্দাদের সহযোগিতা করার জন্য আমরা যথাসাধ্য চেষ্টা চালিয়ে যাব।”

লিভেবল স্ট্রিটস্ স্কিমের কনসালটেশনে অংশ নিন Consultations launched on Liveable Streets – page 23

লিভেবল স্ট্রিটস্ স্কিমগুলিকে পাল্টে ফেলার ব্যাপারে মেয়র লুৎফুর রহমান যে অঙ্গীকার করেছিলেন, সেগুলোর ব্যাপারে সিদ্ধান্ত নিতে বর্তমান ট্র্যাফিক ম্যানেজমেন্ট স্কিমগুলির উপর গণপরামর্শ বা কনসালটেশন শুরু করছে কাউন্সিল। এই লিভেবল স্ট্রিটস্ স্কিমের আওতায় বারার অনেক রাস্তায় যান চলাচল বন্ধ রাখা হয়েছিলো।



কনসালটেশনে অংশ গ্রহণকারী স্থানীয় বাসিন্দা ও ব্যবসায়ীদের মতামতের ভিত্তিতে প্রতিটি স্কিম বা প্রকল্প স্বতন্ত্রভাবে বিবেচনা করা হবে। কনসালটেশনে অংশ নেয়ার জন্য আপনি ডাকযোগে যে চিঠি পাবেন, সেটি পূরণ করার মাধ্যমে আপনার মতামত কাউন্সিলের সাথে শেয়ার করতে পারবেন।

ব্রিক লেন, ওয়াপিং এবং উইভার্স এর লিভেবল স্ট্রিট স্কিমের কনসালটেশনের শেষ তারিখ হচ্ছে ৩১ জুলাই। আর বেথনাল গ্রীণের স্কিমের ওপর কনসালটেশন শেষ হবে ৭ আগস্ট। এই কনসালটেশন বা গণপরামর্শ কার্যক্রমে অংশ নিয়ে আপনার মতামত তুলে ধরতে ভিজিট করুন:

talk.towerhamlets.gov.uk/liveablestreets

৪ শতাধিক বাসিন্দার অংশগ্রহণে অনুষ্ঠিত হলো হসপিটালিটি চাকুরি মেলা Over 400 attend hospitality jobs fair – page 18

টাওয়ার হ্যামলেটস কাউন্সিল, ক্যানারি ওয়ার্ক গ্রুপ এবং নিউ সিটি কলেজ এর যৌথ উদ্যোগে আয়োজিত হসপিটালিটি সেক্টর অর্থাৎ আতিথেয়তা, খাদ্য এবং পানীয় সম্পর্কিত চাকুরি মেলা ৪১০ জন বাসিন্দাকে ৫৪০টি কেরিয়ারের সুযোগ প্রদান করেছে।

টাওয়ার হ্যামলেটসে দ্বিতীয় বারের মত আয়োজিত এই ধরনের চাকুরি মেলা ক্যানারি ওয়ার্কের ইস্ট উইস্টারগার্ডেনে অনুষ্ঠিত হয়। এতে অংশ নেয়া ৫০ জন স্থানীয় নিয়োগকর্তার সাথে সরাসরি যোগাযোগ স্থাপনের সুযোগ পান চাকুরিপ্রার্থীরা।

এ প্রসঙ্গে চাকুরি, দক্ষতা এবং প্রবৃদ্ধি বিষয়ক কেবিনেট মেম্বার, কাউন্সিলর আবু তালহা চৌধুরী বলেন, “মেলায় অংশ গ্রহণকারী ব্যবসা প্রতিষ্ঠানগুলোর সাথে বিপুল সংখ্যক স্থানীয় বাসিন্দাকে যোগ দিতে দেখে আমি আনন্দিত। টাওয়ার হ্যামলেটসে অনেক দুর্দান্ত চাকুরি পাওয়ার সুযোগ আছে, বিশেষ করে হসপিটালিটি বা আতিথেয়তা সেক্টরে। আমি আনন্দিত যে এই ইভেন্টটি অনেক লোককে একত্রিত করতে পেরেছে।

তিনি বলেন, “আমাদের বারাতে যেসকল সেক্টরে শূন্যপদ রয়েছে, সেগুলোতে সকলের অ্যাক্সেস লাভের সুযোগ নিশ্চিত



হসপিটালিটি সেক্টরে চাকুরি মেলায় যোগ দিয়েছিলেন স্টেপনীর অল সেইন্ট স্কুলে শিক্ষাবর্ষ ১২ ও ১৩ এর একদল শিক্ষার্থী।

করাই আমাদের অর্থনীতির বিকাশের চাবিকাঠি। কর্মসংস্থান আমাদের প্রশাসনের একটি অত্যন্ত গুরুত্বপূর্ণ অংশ। জীবনযাত্রার বর্তমান ব্যয় বৃদ্ধির কঠিন এই সময়ে আমরা বারার বাসিন্দাদের কাজ খোঁজার ক্ষেত্রে সহায়তা করতে চাই।”

পেশাগত ক্ষেত্রে সহায়তা প্রদান করা এবং লোকজনকে কর্মসংস্থানে সাহায্য করা টাওয়ার হ্যামলেটস কাউন্সিলের অন্যতম একটি আগ্রাধিকার।

কাউন্সিলের কর্মসংস্থান প্রোগ্রাম ‘ওয়ার্কপাথ’ হচ্ছে একটি অনন্য সেবা যা তার অংশীদারদের সাথে মিলে কাজ, দক্ষতা বা অভিজ্ঞতার সকল স্তরের লোকদের জন্য সহায়তা প্রদান করে যাচ্ছে। বেসিক আপস্কিলিং থেকে শুরু

করে অ্যাডভান্সড ট্রেনিং, কাজের অভিজ্ঞতা থেকে শিক্ষানবিশ, এমনকি সিডি তৈরি এবং সাক্ষাৎকারের জন্য সাহায্য করা, ইত্যাদি নানা ক্ষেত্রে চাকুরিপ্রার্থীদের সহযোগিতা করে থাকে ‘ওয়ার্কপাথ’।

ক্যানারি ওয়ার্কের উইস্টার গার্ডেনে অনুষ্ঠিত জব ফেয়ারে ট্রাইব হোটেল, ইবেরিকা রেস্তোরাঁ, সিঙ্ক বাই নিকো, ওবিকা রেস্তোরাঁ, লে পেইন কোর্টিয়ান এবং আরও অনেক নিয়োগকারী হোটেল রেস্টুরেন্ট অংশ নিয়েছিলো।

মাই ট্রাইব হোটেলের জেনারেল ম্যানেজার ফিলিপ অ্যাভিলেজ ইভেন্টে অংশ নেন, যিনি তার হোটেলের নতুন একটি শাখার জন্য হাউসকিপিং, বার, রেস্তোরাঁ, ও রক্ষণাবেক্ষণ ইত্যাদি নানা পদে ৭০ জনকে

নিয়োগ দিতে উপযুক্ত লোক খুঁজছেন। সেদিন ফিলিপের সাথে কথা বলার সময়, তিনি বলেছিলেন: “আমাদের ব্র্যান্ড খুব দ্রুত সম্প্রসারিত হচ্ছে, আমরা আগামী পরিকল্পনা বছরে ৫০টি নতুন হোটেল খোলার পরিকল্পনা করছি। একটি হোটেল খোলা হচ্ছে ১লা আগস্ট, তাই আমরা খুব শিগগিরই লোক নিয়োগ করতে চাই।”

২০২২ সালে এ ধরনের আরও ইভেন্ট আয়োজনের বিষয়টি এখন আলোচনায় রয়েছে। কর্মসংস্থান সম্পর্কিত যেকোন তথ্য জানতে কাউন্সিলের ওয়ার্কপাথ টিমের সাথে যোগাযোগ করতে অনুরোধ করা হয়েছে। ভিজিট করুন: www.towerhamlets.gov.uk/workpath

অনলাইন থেকে কীটপতঙ্গ মারার কেমিক্যাল কেনার আগে দু’বার ভাবুন

Think twice before
you buy pest
control chemicals
online – page 13

অনলাইনে পেস্ট কন্ট্রোল কেমিক্যাল কেনার আগে দু’বার ভাবুন এবং এক্ষেত্রে ইবের’ মত ওয়েবসাইট ব্যবহার করা থেকে বিরত থাকুন। এটি আপনার সমস্যার দ্রুত সমাধান হিসেবে মনে হলেও, আপনি যা কিনছেন, তা ভেজাল, অবৈধ এবং স্বাস্থ্যের জন্য মারাত্মক ক্ষতিকারক হতে পারে। বারায় এ ধরনের কেমিক্যালের দু’টি ঘটনা ঘটেছে, যার পরিণতি ছিলো ভয়াবহ। তাই, আপনার স্বাস্থ্যকে ঝুঁকির মুখে ফেলবেন না।

ঘরে পেস্ট বা কীটপতঙ্গ দমনে কাউন্সিলের একটি সার্ভিস রয়েছে, যা শাস্ত্রীয় মূল্যে পাওয়া যায় এবং কিছু কিছু বাসিন্দার জন্য এটি ফ্রি। এ ব্যাপারে পরামর্শ পেতে অথবা কাউন্সিলের পেস্ট কন্ট্রোল সার্ভিসের মাধ্যমে একটি ট্রিটমেন্ট বুক করতে চাইলে ভিজিট করুন: www.towerhamlets.gov.uk/pestcontrol

Ramla Cali Mural waxay soo bandhigtay - page 7

HARMONY SOMALI NEWS

Sawir gacmeed cusub oo halayey feeryahan oo deegaanka ah oo ku yimid Tower Hamlets qaxooti ahaan 1990-yadii ayaa lagu soo bandhigay Bethnal Green.

Sawir gacmeedka ayaa muujinaya feeryahanad caalamiga ah ee Ramla Ali, oo ku soo kortay magaalada iyada qoyskeeda kala timid Soomaaliya iyadoo socod barad ah, oo ka soo carartay dagaalo sokeeye.

“Bethnal Green iyo Tower Hamlets waa guriga kaliya ee aan aqaan, marka laga reebo wadanka iyo meesha aan ku dhashay ee Muqdisho, Soomaaliya,” ayay tiri Ramla, oo daaha ka qaaday sawir gacmeedka 1-da Luulyo – Maalinta Xoriyada Soomaaliya.

“Waxaan ku isticmaalay yaraanteyda inaan ku lugeeyo wadooyinkaan. Meeshaan waxaa ka buuxa xasuuso badan oo aad u qurxoon iyo halgankeyga laakin ay wehliyaan dhibaatooyin iyo rafaad badan.

“Waxaan aaminsanahay in

muhiimada magaaladaan inay tahay meel jinsiyado badan, diimo iyo caqiido ay ugu yeereen wadankooda, taas oo ah waxa qof kasta uu dhahaa u rabo.

“In aan noloshayda ku dhameystay shaqo adag ee mugdiga oo hadda la i xushay oo lagu rinjiyeeyo dhismooyinka oo dhan sida inaan matalo gabdhaha kale ee da’da yarta ah ee aniga ila midka ah oo sideydo kale u hadlo, haddii la maro dulqaad iyo go’aan wax kasta waa suurtagal, waxaan u xasuusan doonaa sida guul weyn oo aan gaarey.”

Maziar Bahari, Aasaasaha Paint the Change oo si dhow ula shaqeyna Numbi Arts, ayaa yiri: “Ma jiraan kuwa badan, haddii ay jiraan, sawir gacmeed baaxadaan oo kale ah ee dumarka Soomaaliyeed ee ku nool UK, marka aad ayay u fiicantahay in la arko kan oo soo noolaado. Farshaxanada guud ee bulshada samaysay waxay wax ka tari kartaa in wax laga beddelo fikradaha dadka deegaanka iyo deegaankooda.”

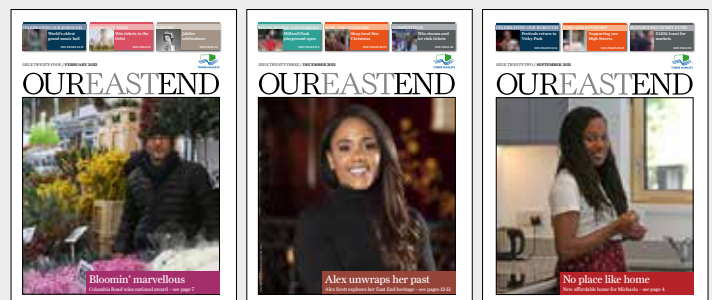


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Meetings

Licensing Sub-Committee

Tuesday 19 July, 6.30pm

Strategic Development Committee

Thursday 21 July, 6.30pm

Licensing Sub-Committee

Tuesday 26 July, 6.30pm

Tower Hamlets Health and Wellbeing Board

Tuesday 26 July, 5pm

Council

Wednesday 27 July, 7pm

Overview & Scrutiny Committee

Thursday 28 July, 6.30pm

Cabinet

Monday 1 August, 5.30pm

Development Committee

Wednesday 10 August, 6.30pm

Licensing Sub-Committee

Wednesday 31 August, 6.30pm

Development Committee

Tuesday 6 September, 6.30pm

Licensing Committee

Wednesday 7 September, 6.30pm

Strategic Development Committee

Thursday 8 September, 6.30pm

Overview & Scrutiny Committee

Monday 12 September, 6.30pm

Licensing Sub-Committee

Tuesday 13 September, 6.30pm

Cabinet

Wednesday 14 September, 5.30pm

Meetings take place at the Town Hall, Mulberry Place, 5 Clove Crescent, E14, unless otherwise stated. Dates and times may change. Agendas are available online.

For more information on meetings visit www.towerhamlets.gov.uk/meetings



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www.towerhamlets.gov.uk/signup

USEFUL INFORMATION SERVICES AND CONTACTS

Advice

Account 3 (welfare and debt advice)

3 Birkbeck Street, E2.
020 7739 7720
www.account3.org.uk

Age UK East London

82 Russia Lane, E2.
Caxton Hall, Caxton
Grove, E3.
Royal London Hospital
14F Wards.
info@ageukeastlondon.
org.uk
www.ageuk.org.uk/
eastlondon
020 8981 7124

Bromley by Bow Centre

St Leonard's Street, E3.
020 8709 9700

Carers Centre Tower Hamlets

21 Brayford Square, E1
OSG
enquiries@ccth.org.uk
www.ccth.org.uk
020 7790 1765

Citizens Advice Bureau

32 Greatorex Street, E1.
020 7247 1050
towerhamlets@eastend-
cab.org.uk
www.eastendcab.org.uk

Island Advice Centre

Island House, Roserton
Street, Isle of Dogs, E14.
020 7987 9379
www.island-advice.org.uk

Legal Advice Centre

University House,
104 Roman Road, E2.
020 8980 4205
www.legaladvicecentre.
london

Limehouse Project

789 Commercial Road,
Unit 2, St Anne Street, E14.
020 7538 0075
www.limehouseproject.
org.uk

Praxis (New Residents) Immigration, benefits and general advice

Pott Street, E2.
General Helpline:
020 7729 7985
Immigration advice:
020 7749 7608
www.praxis.org.uk

Tower Hamlets Community Advice Network

thcan@island-advice.org.
uk
www.thcan.org.uk

Tower Hamlets Law Centre

Unit 1, St Anne's Street,
E14. 020 7538 4909
www.thlc.co.uk

Careers

Adult education services

Shadwell Centre,
455 The Highway, E1.
020 7364 5665

WorkPath

Employment and Skills
Centre, 55 Upper Bank
Street, E14. 020 7364 3727
workpath@towerhamlets.
gov.uk

Young WorkPath/Tower Hamlets Careers Service

40-42 Watney Market, E1.
020 7364 1401
youngworkpath@
towerhamlets.gov.uk

Council

Town Hall

Mulberry Place,
5 Clove Crescent, E14 2BG.
www.towerhamlets.gov.uk
General enquiries
020 7364 5000

Debt

Fair Money Advice

18 Ashwin Street, E8.
020 3475 8811
www.fairfinance.org.uk

Island Advice Centre

Island House, Roserton
Street Isle of Dogs, E14.
020 7987 9379
www.island-advice.org.uk

Toynbee Hall Advice Service

28 Commercial Street, E1.
020 7392 2953
advice@toynbeehall.org.
uk
www.toynbeehall.org.uk

Health & wellbeing

Alzheimer's Society

Robinson Centre, Mile
End Hospital, Bancroft
Road, E1.
020 8121 5626

BYM Bangladesh Youth Movement Women's Centre of Excellence

Whitechapel Centre, Units
1 & 2, Myrdle Street, E1.
020 7377 8668
www.bym.org.uk

Covid vaccine helpline

Tower Hamlets Council
has launched a Covid-19
vaccine helpline, on
020 7464 3030, to support
residents who are eligible
for vaccination to book
their appointment.

East London Parkinson's Support Group

hello@parkinsons.org.uk
0808 800 0303

Free home fire safety advice

08000 284428

Health hotline

020 7364 5016

Healthwatch Tower Hamlets

Mile End Hospital, Ban-
croft Road, E1.
0800 145 5343
info@healthwatchtower
hamlets.co.uk
www.healthwatchtower
hamlets.co.uk

LinkAge Plus

Toynbee Hall, Commercial
Street, E1.
020 7392 2913

Reset

Tower Hamlets Drug and
Alcohol Service
183 Whitechapel Road, E1.
020 3889 9510
reset.towerhamlets@
cgl.org.uk

Safe East (under-19s)

compass.towerhamlets
yphws@nhs.net
020 3954 0091

Stop Smoking services

www.quitrightth.org
020 7882 8230

Tower Hamlets Advocacy Real

020 7001 2170
hello@real.org.uk

Housing

Choice-based lettings

020 7364 2826

Homeless service

020 7364 7474
Out of hours
020 7364 4079

Homeseekers

www.thhs.org.uk

Housing advice

020 7364 3558

Repairs

0800 376 1637 ext 1

Tower Hamlets Homes

020 7364 5015

Idea Stores and libraries

Bow

Gladstone Place, E3.

Canary Wharf

Churchill Place, E14.

Chrisp Street

Vesey Path, E14.

Whitechapel

321 Whitechapel Road, E1.

Local History Library and Archives

277 Bancroft Road, E1
localhistory@
towerhamlets.gov.uk
Visit www.ideastore.
co.uk/home

Leisure centres

John Orwell Sports Centre

Tench Street, Wapping, E1.
020 7488 9421

Mile End Park Leisure

Centre and Stadium
190 Burdett Road, E3.
020 8709 4420

Poplar Baths

170 East India Dock Road,
E14. 020 3795 0599

St George's Leisure Centre

221 The Highway, Wap-
ping E1. 020 7709 9714

Tiller Leisure Centre

Tiller Road, Isle of Dogs
E14. 020 7987 5211

Whitechapel Sports Centre

55 Durward Street, E1.
020 7247 7538

York Hall Leisure Centre

5-15 Old Ford Road, E2.
020 8980 2243

For the latest information
and updates, including
details of opening hours or
temporary closures, visit
www.towerhamlets.gov.uk
or www.better.org.uk

Parent & child

Family Information Service

30 Greatorex Street, E1.
fis@towerhamlets.gov.uk
020 7364 6495

Multi-Agency Safeguarding Hub (MASH)

If a child is at risk of harm:
020 7364 5006 (option
3, open Mon to Fri, 9am -
5pm)
020 7364 4079 (out of
hours emergency duty
team)

Tower Hamlets National Childbirth Trust

0300 330 0700
www.nct.org.uk

Report it

Anti-fraud (housing and tenancy related fraud)

0800 528 0294

Black Women's Health and Family Support

020 8980 3503

Childline

0800 1111

Domestic Violence Team

0800 279 5434

Environmental

Protection (Noise) Team

020 7364 5000

Haven Whitechapel (sexual assault referral centre)

020 3299 6900 /
020 3299 1599

Karma Nirvana (honour-based abuse helpline)

0800 5999 247

Men's Advice Helpline

0808 8010 327

National LGBT domestic abuse helpline (Galop)

0800 999 5428 /
0300 999 5428

Non-emergency crimes 101 Textphone

18001 101

NSPCC Child Protection Helpline

0800 800 5000

Respect (for perpetrators)

0808 802 4040

Rights of Women

020 7251 6577

Samaritans

116 123

Shelter

0808 800 4444

Tower Hamlets Mediation Service (free service for council tenants and leaseholders)

020 7364 7474

Victim Support Tower Hamlets

0808 168 9291 /
0808 168 9111

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